Barkat Rice Mills (Pvt) Limited

Sirajul Haq escapes suicide attack in Balochistan's Zhob

At least six people were injured on Friday when a suspected suicide bomber attacked Jamaat-i-Islami (JI) Ameer Sirajul Haq's convoy in Balochistan's Zhob. JI chief remained unhurt in the attack, said police. In a tweet, the party said that Sirajul Haq was safe and that the attacker had been killed. "Sirajul Haq was present in the area to address a gathering," the party said. (Report on Page 8)



China on Friday opposed the G20 tourism summit being h Indian Illegally Occupied Jammu and Kashmir (IIOJK), sayi will not be a part of it. India is set to chair this year's G20 in New Delhi in September. "China is firmly opposed to holding am kind of G20 meetings in disputed territory, and will not attend sucl etings," Chinese Foreign Ministry spokesperson Wang Wenbin said

summit in Indian-occupied Kashmir

Simultaneously published from Islamabad, Lahore and Multan

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Federal Cabinet meeting

ISLAMABAD: Prime Minister Muhammad Shehbaz Sharif chairs Federal Cabinet Meeting on Friday.



PM orders lowering eatables prices, transport fares to pass on impact of oil prices reduction

B Spokesman Report

ISLAMABAD: Prime Minister Shehbaz Sharif on Friday directed the authorities concerned to ensure that the impact of a reduction in petroleum prices was shifted to the masses in the form of decreased transport fares and prices of eatables.

The prime minister, chairing the meeting of the Federal Cabinet, asked the Interior Ministry and the district administrations across the country to ensure the reduction in commodities' pric-

Calling for strict action against the profiteers, he said the transport fares and eatables' prices should be reduced

Punjab Police

leave Zaman

negotiations

with PTI end

👺 Bureau Report

LAHORE: The four-mem-

ber delegation of Punjab

police has departed from

Zaman Park residence of

saf (PTI) Chairman Imran

Khan after concluding talks

with the former premier

search operation.

Sohaib.

and his legal team over the

four-member delegation

included Lahore Commis-

Randhawa, Lahore Deputy

Commissioner Rafia Haid-

er, DIG Operations Sadiq

Dogar and SSP Operations

The delegation held

negotiations with Imran

Khan and his legal team

ard operating procedures

(SOPs) for a search oper-

details about the talks so far.

Spokesman correspond-

ation at Zaman Park.

However, there are no

ent at the site reported

that the government team

left the residence without

answering the journalists'

questions.

to mull over the stand-

sioner Muhammad Ali

According to details, the

Pakistan Tehreek-e-In-

Park as

in proportion to the 11 percent Ebrahim Raisi took a personal decrease in the petroleum prices announced by the government.

Apprising the Federal Cabinet about his visit to Iran on Thursday, the prime minister said Pakistan desired to enhance cooperation with the neighbouring country in multiple sectors. He told the meeting that the

two sides had agreed to improve the security along the 900-kilometer Pak-Iran border. Both sides had emphasised the joint efforts to counter cross-border terrorism, he added.

He said the import of low-cost electricity from Iran would help uplift the remote areas of

Balochistan. He said Iranian President

interest to ensure the completion of the much-delayed 100MW Gabd-Polan power transmission line within record time.

The project would ensure the power supply to southern Balochistan, particularly Gwadar, he remarked.

Similarly, he said, the Mand-Pishin border marketplace would create employment opportunities for the people on both sides of the border and usher in a new era of develop-

Prime Minister Shehbaz told the cabinet that the Iranian president had expressed special interest in enhancing bilateral trade, besides discussing coop-

eration in the fields of agriculture, science and technology, and solar energy. A high-level delegation led by Foreign Minister Bilawal Bhutto would visit Iran for further deliberations on the said projects.

The prime minister also extended an invitation to President Raisi to visit Pakistan which he accepted.

Briefing the cabinet members regarding the Road to Makkah project signed between Pakistan and Saudi Arabia on Wednesday, the prime minister said it would help facilitate the Hajj pilgrims.

Under the project, he said, around 26,143 Hajj pilgrims would undergo the immigration process at the Islamabad International Airport and would be exempted from the lengthy process at Saudi airports. The implementation of the project was initiated on Thursday and hopefully it would be extended to Lahore and Karachi airports by next year, he added.

The cabinet also approved the establishment of an Insurance Tribunal in Rawalpindi. It would incur no additional expenses as the existing Accountability Court No. 4 would be converted into the Insurance Tribunal.

It endorsed the decisions of the National Security Committee made in its meeting on May 16 and those of the Cabinet Committee on Legislative Cases made on May 11.

Condemnation not enough, Imran should accept responsibility for May 9 arson: Marriyum

跨 City Desk

ISLAMABAD: Minister for Information Broadcasting Marriyum Aurangzeb on Friday said that condemnation of the May 9 was not enough, Imran Khan should confess and accept its responsibility.

Reacting to Imran Khan's statement she said Imran defamed the country when he was in power

and defamed it with every action and movement even outside of power. The minister said he defamed the

country by selling the watch gifted by Saudi Arabia and he also defamed the country by fabricating the cipher The information minister said

attacking national institutions and enforcement agencies. martyrs' memorials.

of May 9, nor the culprit. She said Imran should admit that he was the mastermind behind the open terror-



She advised Imran that he should confess that he planned to burn down hospitals, schools, mosques, ambulances and the Corps Commander's house

Imran Khan should hand over that after leaving power, Imran the terrorists hiding in "heaven of ing, kidnapping, breaking ribs and Khan defamed the country by terrorism", Zaman Park to the law

A person who instigated his The minister said that condem- followers to throw bombs, bullets nation can neither hide the crime and stones at the police cannot get away with just condemnation. Punishing those who attack the state is not a violation of human

rights anywhere in the world, she maintained.

Marriyum Aurangzeb said that attacking hospitals, schools, patients, ambulances, and burning animals alive were violations of human rights, adding that punishing these savages was not a violation of human rights.

She said that ters and sisters of political opponents in false cases by the fascist was a clear violation of human rights.

Kidnapping Tayyaba Gul and keeping her in the Prime Minister House was also violation of human rights, she remarked.

She said that imprisoning, shootnose bones of journalists for telling the truth was also a violation of

Recalling Imran's statement after Hazara killing, she said that it was a violation of human rights to tell the families of Hazara martyrs that "I will not be blacked by funerals".

Imran Khan again summoned inNCA£190m

Scandal 跨 City Desk

RAWALPINDI: The National Accountability Bureau (NAB) has once again summoned Pakistan Tehreek-e-Insaf(PTI) Chairman Imran Khan in National Crime Agency £190m Scandal, also known as the Al-Qadir Trust Case.

Sources told ARY News that the accountability bureau has summoned the former prime minister on May 23 at 10:00 am in Rawalpindi office.

Meanwhile, a NAB team visited PTI Chairman Imran Khan's residence in Zaman Park Lahore and served a summon notice to the former premier in the Al-Qadir Trust Case.

Earlier, the National Accountability Bureau (NAB) summoned Imran Khan on May 18 in a 'personal capacity' in the Al-Qadir Trust case, which title has been changed to 'National Crime Agency £190m Scandal'. Sources claimed that the NAB instructed the former prime minister to bring the documents related to the case.

President phones families of martyrs of **Muslim Bagh attack**



Spokesman Report

ISLAMABAD : President Dr Arif Alvi on Friday telephoned the family members of those martyred in a terrorist attack in the Muslim Bagh area of Balochistan on May 12.

The president paid tribute to the martyrs and saluted them for their services to the nation. He also sympathised with

the family members of the

martyred and also got emotional during the conversation.

The president phoned the family members of havaldars Abdul Raheem, Muhammad Irfan, Nadeem Iqbal, stenotypist Ghulam Fareed, and sanitary workers Sabir Masih and Shan Masih.

He also had a telephonic conversation with family members of Lance Naik Faheem Mushtag and sepovs Saeed Aslam and Talha Jami.

"The martyrs are an asset for the nation. The nation will never forget their sacrifices," the president commented.

He also lauded the services of the martyrs to the country and paid them tribute on behalf of the whole nation.

PTI's accused protestors to have right of appeal to courts: Khawaja Asif

News Desk

ISLAMABAD: Minister for Defence, Khawaja Muhammad Asif has said that the accused Pakistan Tehreek-e-Insaf(PTI) protestors, to be trialled in the military courts, would have the right to appeal to the High Courts and the Supreme Court.

The defence minister in an his point of view on the prevail- soon. During the violent inc ing situation in the aftermath of the May 9 violent protests by the PTI workers after the arrest of their Chairman Imran Khan.

Khawaja Asif said the PTI miscreants attacked public and government properties including military installations under a well-thought-out plan. "Such actions are tantamount to waging a war against Pakistan. Those who attacked military installations, military bases and their trials will be held under



military courts according to the procedure given in the constitution," he added.

He said there was definiteinterview with an Arab news ly a political crisis in Pakistan channel "Al Jazeera" expressed but it would be overcome very dents in Rawalpindi, Mianwali, and Lahore on May 9, armed groups of PTI attacked military installations, he added.

The minister pointed out that there were arrests also made in the past in Pakistan, as he himself was also arrested, adding, "My leader (Nawaz Sharif) and many people of my political party were arrested but we never did politics of violence. We have never attacked miliresidences of military personnel, tary and civilian installations

Eight Pakistanis dead, six injured in Makkah hotel fire: FO

👺 City Desk

ISLAMABAD: The Foreign Office Friday said eight Pakistanis were dead and six others injured in an unfortunate fire incident in a hotel in Makkah.

In response to media queries regarding casualties in the fire incident in a hotel in Makkah, the Foreign Office spokesperson said, "We have reports of 8 deaths and 6 injured Pakistanis in the incident. Our Mission in Jeddah is in contact with local authorities to provide relief to the victims and their families."

Earlier: Civil defence spokesman Nayef al-Sha-



rif said no casualties were reported in the fire, which was sparked by a faulty air conditioning unit on the eighth floor of a hotel in the Azaziyah district of Mecca. All 600 residents, most of

whom had come from Turkey and Yemen for the hajj pilgrimage, were evacuated and have since returned to the hotel, Sharif said.

LHC overturns resignations of 70 PTI MNAS

跨 Bureau Report

LAHORE: The Lahore High Court (LHC) on Friday overturned the resignations of 70 Pakistan Tehreek-e-Insaf MNAs. The PTI MNAs, including Fawad Chaudhry, Shah Mehmood Qureshi, Pervaiz Khattak and others challenged the acceptance of their resignations as MNAs by NA speaker.

Justice Shahid Karim while announcing the verdict on the pleas of the PTI lawmakers,

Election Commission of Pakistan and the National Assembly Speaker Raja Pervaiz Ashraf regarding the acceptance of the resignations. While directing Fawad Chaudhry, Hammad Azhar, Shah Mehmood Qureshi, Shafqat Mahmood, Riaz Fatiyani and others to appear before the NA speaker to take back their resignations as MNA, the LHC has asked Speaker Ashraf to make a decision after listening to the PTI members.

nullified the notifications of the

The Spokesman

UAE Delegation ISLAMABAD: A delegation of investors from UAE led by H.H. Sheikh Ahmed Dalmook al Makhtoum calls on Prime Minister Muhammad Shehbaz Sharif on Friday.

Chairman NDMA addresses at Midterm Review of Sendai Framework on Disaster Risk Reduction at UN Headquarters

Spokesman Report

ISLAMABAD :Chairman NDMA, Lieutenant General Inam Haider Malik led Pakistan's delegation and delivered remarks during the Midterm Review of Sendai Framework on disaster risk reduction at United Nations Headquarters, New York.

Chairman NDMA acknowledged the need for conducting a realistic review of Sendai Framework and identifying measures to be taken in



ing from successfully shared. He underlined digital divide efforts

course corrections. He empha- and climate projections avail- mies, which present barriers sized the importance of learn- able to all without boundaries. to full implementation of DRR

establishment of a dedicated millions of people and result-Global DRR Fund under United Nations Office for Disaster Risk Reduction (UNDRR) to finance global and regional initiatives separate from climate-focused financing windows. He noted that Pakistan remains fully committed to meeting Sendai Framework expectations, replicating successful templates in disaster risk reduction, and taking proactive measures to miti- year's earthquakes in Turkiye gate risks and build resilience and Syria. to potential disasters.

Chairman commended global partners ment to enabling the success for their assistance during of SFDRR-driven balance templates and making tech- and capacity gaps that exist in Chairman NDMA present- last year's devastating floods recovery plan for the region nical inputs for early warning different regions and econo- ed Pakistan's proposal for in Pakistan that impacted and world.

ed in significant losses and damages. He mentioned the outstanding resolve demonstrated by the Government of Pakistan and military, particularly Pak Army, in leading rescue and relief operations during Floods 2022. He also highlighted Pakistan's commitment to assisting countries in distress, as demonstrated during this Lastly, Chairman NDMA

NDMA reaffirmed Pakistan's commit-

PTI workers arrested again despite securing bails



跨 Raza Naqvi

ATTOCK: 23 Pakistan Tehreek-e-Insaf (PTI) workers have been arrested by police in Attock again despite securing bails.

23 PTI workers have been released from the district jail in Attock after securing bails. The PTI activists were arrested by police after they came out of the central gate of the jail. The political workers were sent back to the district jail by police.

been arrested from different areas of Rawalpindi who were recently released from jail on bails. Police added that the PTI workers were detained in jail under 16 MPO.

alleged terrorists attempting to flee from Pakistan Tehreek-e-Insaf (PTI) Chairman Imran Khan's Zaman Park residence.

Lahore Capital City Police Officer (CCPO) Bilal Saddique Kamyana said that six more "terrorists" were arrested fleeing ex-PM Imran Khan's Zaman Park residence, taking the total arrests to 14.

According to CCPO four of the alleged "terrorists" were involved in the attack on Askari Tower while Police said that the workers had two of them were among those who ransacked the Corps Commander House Lahore [Jinnah House].

The arrest comes a day after Punjab Caretaker Information Minister Amir Mir claimed that eight "terrorists" Earlier in the day, Punjab police had been arrested while they were claimed to have arrested six more escaping from Zaman Park area.

Prices of life-saving medicines increased by 14pc

Special Correspondent

ISLAMABAD: The Drug Regulatory Authority of Pakistan (DRAP) on Friday, with the approval of the federal government, announced up to 14 percent hike in the prices of life-saving medicines.

According to a notification by DRAP, 14 percent hike has been approved in the prices of life-saving drugs, whereas a 20pc hike was approved in the prices of all other medicines.

In its notification, the regulatory authority stated that the prices were being increased as a 'a one-time dispensation' equal to the 70 percent increase in the consumer price index

However, the notification said that the price increase would be considered the annual increase for the fiscal ing to an impact on all sectors of the year 2023-24. "No increase under economy.



this category shall be granted in next financial year," it said.

The DRAP's Policy Board will review the situation after three months i.e. in July 2023 and make its recommendations to the federal government for its consideration regarding price decrease, if the 'Rupee appreciates in value".

The Economic Advisory Committee had already improved the price

With rising fuel prices and a depreciating rupee, inflation has been record-high in recent months lead-

Sirajul Haq escapes suicide attack in Balochistan's Zhob

News Desk

ZHOB: At least six people were injured on Friday when a suspected suicide bomber number of people had gathattacked Jamaat-i-Islami (JI) Ameer Sirajul Haq's convoy in Balochistan's Zhob.

the attack, said police.

In a tweet, the party said that Sirajul Haq was safe and that the attacker had been killed. "Sirajul Haq was present in the area to address a gathering," the party said.

Meanwhile, JI spokesperson Qaiser Sharif said a few vehicles had also been damaged in the attack.

He said that the party chief had reached Quetta earlier today to address a rally in Zhob, adding that a large ered to welcome Haq as he entered Zhob.

"The suicide attacker was JI chief remained unhurt in also part of the crowd,' he added. Upon getting informa- JI Ameer.

tion, a contingent of security forces also reached the area and cordoned it off to collect evidence.

Moreover, Police have launched an investigation into the incident.

after the suicide attack on the



Prime Minister Shehbaz Sharif strongly condemned the suicide attack on Siraiul Hag's convoy and ordered the Balochistan government to hold an investigation into all aspects and bring the respon-Condemnations poured in sible persons to justice.

He also prayed for early

recovery of the wound- nor and Punjab CM Mohsin ed persons and directed concerned officials to provide the best medical facilities to the

The speaker and the deputy speaker of the National Assembly (NA) also condemned the suicide attack and prayed for the early recovery of the wounded persons.

Former president Asif Ali Zardari also condemned the suicide attack and demanded the immediate arrest of the planners behind the suicide

Tessori, Millat-e-Jafaria chief Sajid Naqvi, Punjab Gover-

Nagvi also condemned the suicide attack.

Balochistan CM Abdul Quddus Bizenjo strongly condemned the attack and said that terrorists spread violence for their ulterior motives but the authorities will not let them succeed in their plans.

The Balochistan CM's spokesperson Babar Yousafzai said that he contacted Sirajul Haq and he is safe. "Emergency has been imposed in hospitals and foolproof security will be provided to the JI Sindh Governor Kamran Ameer. We have not received any threat alert before the inci-

ECP begins preparations for general elections

👺 City Desk

Commission of Pakistan (ECP) has started preparations for the general elections 2023, ARY News reported on Friday, quoting sources.

As per details, the Election Commission has issued letters to the Ministry of Parliamentary Affairs, the Ministry of Housing and the Bureau of Statistics. The ministries have been urged to share the results of the seventh census held in the country by December 31, 2022.

Sources said that after the census, election as per new census results. After the delimitation, the voter lists the situation.

Offender Register is 'illegal: Law

ISLAMABAD: The Ministry of

Law and Justice has declared the

national sex offenders database of

the National Database and Registra-

tion Authority (NADRA) 'illegal and

The Ministry of Law and Justice

issued a clarification regarding the

database. The spokesperson said in

a statement that the sex offenders

database of NADRA is illegal and

is being used unilaterally without

ance with Section 24 of the Anti-

The spokesperson said in accord-

proper legal sanction.

NADRA's national sex offenders

NADRA's National Sex

Ministry

👺 City Desk

unilateral'.

During a high-level session, the ISLAMABAD: The Election ECP officials expressed concerns over the shortage of funds that is hindering the organisation of local government (LG) elections in Puniab. Balochistan, Sindh and Islamabad.

> The commission is also facing a shortage of funds for holding general elections. The ECP officials said that important constitutional and legal tasks for the said elections are being affected due to the funds shortage.

The ECP spokesperson said that the hurdles created for LG polls are also tantamount to the violation of it is constitutionally mandatory to the Supreme Court (SC) orders. The conduct new delimitations before the commission decided to apprise the Supreme Court's registrar regarding

Officials, experts say deepened China-Central Asia cooperation on Belt and Road benefits region, world

👺 Xinhua

XI'AN: city of Xi'an, capital of northwest China's Shaanxi Province, has captured global attention as the two-day China-Central Asia Summit kicked off here Thursday.

The summit is expected to boost the already-burgeoning Belt and Road cooperation between China and Central Asia. Officials from Central Asian countries and global observers have said that deepened Belt and Road cooperation between the two sides will be a boon for the prosperity of both the region and the world.

Ten years into Belt and Road cooperation, China and Central Asian countries have made historic achievements. In 2022, trade volume hit a record high of 70.2 billion U.S. dollars, an over 100-fold increase since diplomatic ties were established about three decades ago. In the first two months of this year, trade between China and the and trade and economic ties, as well as



five Central Asian countries surged 22

percent year on year.

The Belt and Road Initiative (BRI) has been very fruitful since it was first proposed by China in Kazakhstan, said Timur Kuvatov, director-general and editor-in-chief of Kazakhstan Today News Agency.

Reviving the visions and spirits embodied in the ancient Silk Road will promote international development peaceful relations among countries, he said, adding that deeper Belt and Road cooperation has great significance for all the people living in the region and the whole world.

Over the past decade, promoted by the BRI, China and Uzbekistan have enjoyed expanding economic cooperation. "China is one of the most important partners of Uzbekistan," Minister of Investment, Industry and Trade of Uzbekistan Laziz Kudratov said at a promoting globalization.

business forum held Wednesday ahead of the China-Central Asia Summit.

In 2022, bilateral trade grew 20 percent year on year, said the minister, hoping that the goal of 10 billion dollars in annual trade set by both heads of state could be achieved soon.

Noting that the China-Uzbekistan cooperation covers such areas as chemical, textile, and oil and gas industries, Kudratov said that tens of thousands of jobs have been created in Uzbekistan.

Kudratov said that by combining China's innovative technologies with Uzbekistan's resources, the two countries could improve energy efficiency and manufacture products with high-added value for export to other

Rape (Investigation and Trial) Act, countries. In the eyes of Lu Shanbing, dean of 2021, the Ministry of Law and the Central Asia Institute of North-Justice, together with the special west University, China and Central committee, was responsible for overseeing the development and Asian countries' efforts to advance the BRI highlight their commitment to implementation of the National Sex Offender Register.

Published by: Almass Ayoub Sabir from Zero Point Printers Rawalpindi

Sister city relationship between Murree and Chinese city of Dujiangyan



Spokesman Report

DUJIANGYAN: In order to further cement people-to-people exchanges and enhance practical cooperation, Pakistani city of Murree and the Chinese city of Dujiangyan signed a Letter of Intent, for establishment of sister city relationship.

The singing ceremony was held in the famous Lidui Park of Dujiangyan. Murree was represented by Ambassador Moin ul Haque, while Mayor Zhang Yadan, signed on

behalf of Dujiangyan.

Saturday, May 20, 2023

The Finance Office Dadu has started opening teachers salary IDs

Maloch Azad Baloch

DADU: The Finance Office Dadu has started opening teachers salary ID's to provide salaries to 11 hundred and 46 new teachers recruited through IBA in Dadu district since 10 months. The process of releasing salaries to all teachers will start this month. Finance Officer Dadu's claim.

Hassan Jan Changezi District Account Officer said that the work to release the salaries of newly recruited teachers is going on fast without any hindrance. Out of total 1146 teach-



ers, IDs of more than 400 teachers have been opened.

He said, all other IDs will be opened within a week and teachers will start getting salaries from this month. Some nefarious elements are shielding the new teachers to achieve their personal goals but will not fall for their blackmail.

He said that on 26 April 2023, FO 01 of new teachers started coming from the Education Department, after which we started opening the IDs of the teachers

Construction, development and stability of Pakistan a heavy responsibility: Dr Rana Altaf

Asim Tanveer

MULTAN: Vice Chancellor of Nishtar Medical University Professor Dr. Rana Altaf Ahmed has said that for the construction, development and stability of Pakistan, a heavy responsibility is placed on the youth. On the first day of the annual events, the principal of the college, Prof. Dr. Rashid Qamar Rao, was speaking on the first day of the annual events. He said that education, training and character building are of primary importance for success in practical life. Director of Students Affairs, Professor Syed Abbas Naqvi said That the students should acquire skills in modern contemporary sciences to face the challenges of today and for the integrity and stability of the country.



Prof. Dr. Muhammad Siddiq Khan Qadri, Prof. Abdul Jabbar, Prof. Zahra Nazish, Prof. Muhammad Azam Khan, Prof. Syed Ahmar Hussain and Dr. Masood Ali Ansari besides Hafsa Naseer, Muhammad Zul

Rehman Asghar and Anas Sheikh addressed the ceremony. 70 male and female students participated in Recitation and Naat. In Recitation, Muhammad Sohail, Muhammad Abu Bakr, and Hafiz won first position, Hamdana second, Garman Khattak third and Saad Hasan won fourth position while Misbah Arooj won first position in Naat Khwani. Saad Farid got the second position and Shahrabano Hashmi got the third

While Ayesha Bilal and Mudassarah Mehmood were given encouragement prizes in various competitions, Prof. Dr. Muhammad Siddiq Khan Qadri, Prof. Dr. Abdul Jabbar, Dr. Masood Ali Ansari, Qari Muhammad Saeed Naqshbandi, Qari Muhammad Nauman Saifi and Osama Yusuf Qadri acted as judges.

On the first day of the annual student celebrations in Nishtar Medical Universitv. Vice Chancellor Prof. Dr. Noreen, Muhammad Usman, Muhammad Mahroz Zulfikar Rana Altaf Ahmed, Princi-

pal Prof. Dr. Rashid Qamar Rao, Prof. Syed Abbas Naqvi, Prof. Dr. Muhammad Siddiq Khan Qadri, Prof. Abdul Jabbar, Prof. Zahra Nazish, Professor Muhammad Azam Khan, Professor Syed Ahmar Hussain and Dr. Masood Ali Ansari Khattab, Qari Muhammad Saeed Naqshbandi, Qari Muhammad Noman Saifi and Osama Yusuf Qadri, Hafsa Naseer, Muhammad Zul Noreen, Muhammad Usman, Rehman Asghar, Muhammad Sohail, Muhammad Abu Bakr, Hafiz Mohammad Mehroz Zulfikar, Hamdana, Anas Sheikh, Tammin Khattak, Saad Hussain, Musbah Arooj, Saad Farid, Shahrabano Hashmi, Ayesha Bilal, Mudassar Mahmood and other students are presenting the recitation of

NDRMF to fund PKR 3,011,460,076/- for Rehabilitation/Reconstruction of Flood Schemes in Sindh

ISLAMABAD : The National Disaster Risk Management Fund (NDRMF) will fund Rupees Pak. Rs. 3,011,460,076/- (Pak. Rs. three billion eleven million four hundred sixty thousand seventy-six only) (hereinafter referred to as "Total Project Cost"). to Irrigation Department, Government of Sindh, for their Project Title: Building Resilience of Damaged Flood Mitigation Structures Along River Indus in Sindh Resilience and Adoptive Population in Disaster (RAPID).

CEO NDRMF, Mr. Bilal Anwar and Mr. Abdullah Bhurgri, Project Director Flood Emergency and Reconstruction Projects Sidh Irrigation Department signed the contract. The said financial support will be extended to the respective entities as grant financing. Grant Implementation Agreement between NDRMF and Irrigation Department, Government of Sindh, were signed in this regard.

The Project is designed for Rehabilitation / Reconstruction of four schemes that received major damages/losses during the monsoon floods 2022 in districts Shaheed Benazirabad, Naushero Feroze, Sujawal and Matiari. and need rehabilitation on urgent basis as any flooding of similar nature may cause damages to life and

1. Stone Apron and Stone Pitching Along SM Bund from Mile 70/7 to 72/0 in Moro Bund Sub Division.

2. Rehabilitation/Reconstruction of Stud/Apron along SM Bund at Mile 12/0 to 12/7 and Bakhri Loop Bund Mile 0/0 to 0/1 in Kandiaro Bund Sub Division

Rehabilitation, Raising and Strengthening of Spurs Along Surjani Complex Bund Sujawal of Pinyari Circle Hyderabad Kotri Barrage Region Hyder-

Recouping of Stone Spurs Mile 142/3 and Stone Studs Mile 136/1 Along S.M Bund in Hala (Irrigation) Division Hala

With 578,000 targetted beneficiaries and protecting 127,476 Hectare of agriculture land against negative impacts of multiple natural disasters.

Sindh is one of the worst affected Province during Floods 2022. A total of 10 million people affected in 30 districts. The worst affected areas remained inundated for months due to absence of natural drainage pathways leaving behind a vast magnitude of damaged public infrastructure, agriculture land and houses of people, requiring extensive medium to long term rehabilitation and reconstruction

The proposed interventions are in line with National Disaster Management Plan (NDMP).

The GoP had been working with number of development partners to identify opportunities and mechanism to enhance financial management of disaster risk. These initiatives resulted in establishment of multi donor

FBISE HSSC Annual Exams 2023 will start from today

👺 Raza Nagvi

ATTOCK: Rawalpindi Board of Intermediate and v education (RBISE) will start Higher Secondary school Certificate (HSSC) annual exams 2023 on Saturday May 20 in 196 examination centres set up 33 in Attock, 40 in Chakwal, 26 in Jhelum, 47 in Rawalpindi district and 50 local centers. According to Chairman RBISE, Muhammad Adnan Khan, foolproof arrangements have been made for the HSSC

Controller Examinations RBISE Prof. Sajid Mehmood Farooqi informed that the roll number slips of regular students had already been sent to the concerned institutions and those of the private students were uploaded on the board's website / http://www.biserawalpindi.edu.pk besides dispatched at the addresses mentioned in their admission forms. He informed that the board on the directives of Commissioner Rawalpindi Division Liaquat Ali Chatha, had made best possible arrangements for the

The date sheets of the exams, lists of the examiners and the examination centers and other officials had been sent to all the Deputy Commissioners of the division, District Police Officers and to the special branch. Apart from the board's office at Morgah near Attock Oil Refinery Rawalpindi, the students could also contact at phone number 051-5450917-18, Assistant Controller Inter Branch Rana Ilvas on cell phone 0333-5464775, focal person Inter Branch, Riasat Abbasi on 0332-8500846 and 051-5450920 in case of any problem, he added.

He said, 196 examination centres had been set up in the division, including 33 in Attock, 40 in Chakwal, 26 in Jhelum, 47 in Rawalpindi district and 50 local

Municipality to award time scale promotions to 6 more employees after 10 years

👺 Bureau Report.

FAISALABAD: As many as 6 more employees of Municipal Corporation were given time scale promotion after completing the concerned 10 year period under the rules.

Commissioner/Administrator Municipal Corporation Ms. Silwat Saeed distributed the appointment letters to Niab Qasids, sanitary workers, firemen those were promoted to the next scale after completing 10- years service in the same scale. Chief Officer Municipal Corporation Muhammad Zubair Watoo and other officers of the Municipal Corporation were also present on this occasion.

The Commissioner congratulated the employees awaiting time assuming charge as administrator, the municipal corporation was instruct-



scale promotion and said that after promotions and the team under the supervision of the chief officer worked ed to complete the work of time scale employees without deprivation in while the departmental steps are being

She said that those promoted in the at a fast pace and gave rights to the next scale will also get financial benefit

taken at a fast pace on the departmental promotion and the employees waiting for promotion will also hear the good news in the coming days.

She elaborated that the workers should continue the departmental services with the same spirit and joint efforts are indispensable in order to solve the problems of the city and make it ideal. This series of time scale and departmental promotions has started now which will remain continuing on a regular basis.

Earlier Administrator chaired meetings of different sections and reviewed the progress. She directed the officers for providing services to the people. Municipal Officers also gave the brief-

Commissioner further said that, the rights of the employees must be given without any resistance because delay or negligence weakens the institutional frame work.

Latest Facial Recognition System Activated at Multan *International Airport*

MULTAN: The latest facial recognition system has been activated at Multan International Airport

After Karachi, Lahore and Islamabad, Multan is the fourth airport to get this system.

Japan International Cooperation System (JICS) provided training to FIA and CAA officials at Multan Airport.

This system will be very helpful for border management agencies Border management agencies will be able to prevent illegal inter-

national movement with the help of this system Cooperation between PCAA and the Japanese government will continue for the continuous improvement of the security system at the country's airports

Businessmen calls for national consensus on political instability

Spokesman Report



ISLAMABAD: Anjuman Tajran Liaquat Road President Sheikh Abdul Waheed said that The entire business community expresses full solidarity with the Pakistan Army. And strongly condemns the attacks on military and private property.We demand Prime Minister Shahbaz Sharif, former President Asif Zardari and former Prime Minister Imran Khan to end the differences.

Sheikh Abdul Waheed stressed the need for national consensus among stakeholders to deal with the current political instability, saying that restoring public confidence, restoring economic activities and strengthening the democratic process are indispensable priorities. Support all efforts to achieve this much needed consensus. He urged Prime Minister Shahbaz Sharif, former President Asif Zardari and PTI Chairman Imran Khan to put aside all their differences in the larger national interest. He also expressed the belief that with the full support of the people, Pakistan forces will defeat all kinds of evil intentions against the country. He further said that as Pakistanis, every citizen has to be sincere with the country and

Expressing deep regret, he said that all political leaders lack nationalism and love for the country, so they should stop inciting and using the people for their own purposes contrary to the facts.

Youth Affairs, Health Dept arranged an HIV Awareness Seminar & Free Medical Camp



Adam Khan Wazir

WANA: On the special instructions of Deputy Commissioner South Waziristan Upper Ashfaq Khan, District Youth Affairs Department, Health Dept and Civil Administration arranged an HIV awareness seminar & free medical camp in Kotkai area, in which a large number

On this occasion, District Youth Officer Sardar Ali Wazir told the media that Dr. Humayun Mehsud and his team examined around 150 patients and among them were children, elderly, women and youth while they were provided free of cost medicines for (17) seven-

Youth Officer Sardar Ali told the local people about HIV prevention measures during the HIV awareness campaign and said that HIV screening will be conducted in Upper South Waziristan in the coming days so that people can be exposed to this dangerous disease,

However, later Lieutenant Colonel Farooq Azam also visited the camp and he praised the performance of the health department and the administration including the youth affairs department.

That every person and department working on the ground for the residents of Waziristan should be encouraged so that they can play a leading role for the welfare of the local people in the future.

New Generation is Asset of country: Amir Khattak

👺 Kiran Asim

MULTAN: A delegation of students of Emerson University met Commissioner Multan Division Engineer Aamir Khattak. On this occasion, Commissioner Aamir Khattak while talking to the delegation said that the new generation is the asset of our country. We all have to play our positive role for the development of the country. The safety and survival of the dear country is the most important. May Allah Ta'ala keep Pakistan forever. Pakistan is facing environmental change. The young generation should plant their share of trees, cultivate them and encourage others to plant trees and prevent wastage of water.

He further said that Steps are being taken for the construction and development of the city, the improvement of infrastructure. The problems of the citizens will be solved on a priority basis. Sui Gas, PTCL Vasa have been assigned the task of rehabilitation after the construction of the road. He said that 100 water filtration plants are active in schools, 65 in Vasa and 56 in Corporation. Excellent arrangements are being made in

all 50 parks of the city. No one is allowed to keep goods



outside the shop limits. A waste management company has been tasked to clean the city. Arrangements are being made to beautify the entrances and exits of the city. Special efforts are being made to complete mega projects like Nishtar 2, Cardiology. Vasa is facing many problems. Trying to stabilize Vasa. Students asked questions to Commissioner Amir Khattak. Additional Commissioner Sarfraz Ahmed, Assistant Commissioner General Arshad Vito, Deputy Director Iram Salimi, Head of Department Aftab Khan Khakwani, Internship Coordinator Dr. Amara Umar Khakwani and other officers were also present.





15º – 23º Clear

SERV	ICES
Namaz 1	Timings
Fajr	
Zohr	12:04 pm
Asr	4:59pm
Maghrib	7:04 pm
Isha	8:42 pm

EMERGENCY

Rescue (Police)	15
Bomb Disposal	15
Fire Services Rawalpindi/	
Islamabad1122 &	16
Emergency Ambulance 1122	2 &
& Rescue Services 4451	122
Motorway Police92660	44
Motorway Police 9270601-	20

Women Police

Station	15	
Islamabad		922259
Rawalpindi	92	70601-20

ENGLIIDV

ENQU	IKT
Edhi Ambulance	115
PIA Flight Info	114
PIA Cargo	9280979
Railway Inquiry	117
Railway Exchange	9270831-5
WASA Rawalpindi	5555489
CAA	9281092

HOSPITALS

CMH	5611111
MH	561116
MH	561116
Cantt Hospital	9270907-11
DHQ	5556311-4
RGH	9290301-7
Holy Family	9290322-7
PIMS	9261170-79
Polyclinic	9218300-09
Shifa International	4603666

DEPARTMENTS

CDA	9221334-43
CDA	9208301-04
Met Office	9250360-6
RDA	5555864
TMA	5770886
Cantonment Board	9270151-3
Islamabad Metropo	litan
Corporation	9209224
Potohar Town	9209224
Rawal Town	5773343

COMPLAINTS

Water Tanker Service E-7, F-10 & F-11 G-5, G-6, G-7, G-8, G-9, G-10, G-11, G-12, H-8 ..9266316 Wapda Islamabad......9217579-80 Sui Gas Complaint..... 119, 9272249 Wasa Water Tank0331-5022125

PPP Lower SW district cabinetmembers took oath

S Adam Khan Wazir

WANA: Pakistan People's Waziristan district cabinet members took oath, Pakistan People's Party workers participated in large numbers in the Oath ceremony, On this occasion district president and former National Assembly candidate Aman Ullah Wazir took oath from the cabinet, Pakistan People's Party formed the cabinet of Lower South Waziristan district with mutual consultation, In Bodies President Aman Ullah Wazir, Senior Vice President Humayun Akhtar, General Secretary Imran Mukhlis, Finance Secretary Abdul Rahim, Deputy Finance Secretary Tayyab Khan, Information Secretary Yasin Ahmadzai, Deputy Information Secretary Abdul Qadir. Social Media Incharge Muhammad Farooq, Liaison Secretary Hazrat Younis, Joint Secretary Pila Khan, Culture Secretary Bait Ullah including in cabinet members.

Cabinet members said, the constituted cabinet of Pakistan People's Party took a strong and passionate pledge to carry the ideology of Shaheed Zulfiqar Ali Bhutto from door to door.

However, they will always be ready for selfless protection of the region and will not hesitate to make any kind of sacrifice.

On the occasion of the oath taking ceremony, Pakistan People's Party workers garlanded each other and congratulated each other.

District President Aman Ullah Wazir and General Secretary Imran Mukhlis thanked all the workers and on next Friday, the swearing-in ceremony of Tehsil Wana and Tehsil Shikai will be

held. In which they decided to contact the workers of both the tehsils and requested them to participate in the swearing-in ceremony on Friday.

Green School Certification Programs Pilot Project successfully completed

👺 News Desk

LAHORE: Lahore Biennale Foundation's (LBF) innovative initiative, the Green School Certification Program (GSCP), is proud to announce the successful completion of its pilot project. The program, which focuses on leveraging the power of art and education with a series of pedagogical and co-curricular activities, aims to equip teachers, schools, and students with the knowledge and skills needed to address the challenges posed by climate change and promote sustainable practices.

The certificate distribution ceremony for the project was held at the E-Library, Gaddafi Stadium, Lahore. The ceremony celebrated the achievements of the pilot project and recognized the dedication and commitment of the teachers, students, and schools involved in the Green School Certification Program.

The Green School Certification Program aims to empower the next generation of eco-citizens by fostering long-

term sustainable practices at the grassroots level. The program includes teacher training workshops, the establishment of eco clubs in all participating schools, waste collection modules for recycling, and the promotion of eco-friendly practices within educational institutions.

Qudsia Rahim, Executive Director LBF and Author of the Green School Certification Program said, "With the successful implementation of the pilot project, LBF and our partners are committed to bringing the program to other schools city-wide and are also deeply committed to expanding the role of the program to colleges, offices and restaurants etc."

The certificate distribution ceremony was moderated by Lahore Biennale Foundation with certificates distributed among 430 participants (86 Teachers and AEOs and 320 Students). Speaking at the event, Chief Guest Justice (Rtd). Nasira Javaid Iqbal said;"This initiative, driven by the power of art, education, and collabwe can address the challenges of climate including the Secretary of the Environ-



The Green School Certification oration, is an inspiring example of how Program brought together key partners

change and create a sustainable future for ment Protection Department, Govern-Pakistan. I commend all those involved in ment of Punjab, the District Education this project for their dedication and vision. Authority Lahore, the School of Education at LUMS, WWF-Pakistan, and Lucky

Core Industries (LCI). The District Education Authority

Lahore has played a crucial role as the program's school liaison, facilitating the implementation of the GSCP among Assistant Education Officers (AEO) and teachers in selected public schools. The collaboration with partner organizations has allowed for continuous professional development workshops, such as the one held at the School of Education, LUMS, which introduced teachers and AEOs to innovative pedagogical techniques like Visible Thinking Routines (VTR). These techniques foster environmental awareness and sustainable attitudes among children through hands-on learning.

Indeed, the completion of this pilot project marks an important milestone for the GSCP. The program has developed scalable modules, including a resource manual for training teachers in delivering climate science information, 'Green Schools Policy Recommendations,' and a checklist of localized sustainable solutions for schools. To receive the Green School Certification, all participating schools will need to complete the program.

Livelihood

RAWALPINDI: Vendors are waiting for customers along the Tipu Road to sell fruit and earn daily wages for the livelihood of their families.



Photo: Online by Raia Farid

S&P Global Pakistan signs Memorandum of Understanding with Team Up

E City Desk

ISLAMABAD: The MoU aims to foster entrepreneurship and employment opportunities at National Incubation Center Islamabad

19th May, 2023, Islamabad: S&P Global has signed a Memorandum of Understanding (MoU) with Team up Pakistan. The initiative aims to establish a sustainable, and mutually beneficial collaboration to provide employment to the youth and help facilitate, train and upskill young and upcoming entrepre-

neurs in Pakistan. Mujeeb Zahur, Managing Director at S&P Global said, of our values and this MoU ment in Pakistan. This is aligned the National Incubation Centre.



is a great example of working collaboratively with communities we operate in. We are certain this partnership will lead to many joint initiatives talent, and will ultimately foster

with our people-first strategy and vision to power markets

around the world." Under the agreement, S&P Global Pakistan will facilitate that produce new synergies, add and upskill entrepreneurs and strategic insights for upskilling students who are part of the Career Launch Pad program of "Partnership is a core pillar economic growth and develop- Team Up. Team Up is located in

This Centre is powered by Jazz and Teamup under the umbrella of the Ministry of IT and Telecom nurturing and growing talent across Pakistan.

Zouhair Khaliq, Co-Founder of Teamup said, "I am thrilled to announce our collaboration with S&P Global as it is a powerful combination that will unlock the potential of entrepreneurship and innovation. With their shared vision and expertise, we will pave the way for a brighter future of economic growth and

development. This partnership is a testament to our commitment to nurture the next generation of entrepreneurs and provide them with the resources and support they need to succeed."

Pakistan Culture Week inaugurated at Dujiangyan, China

Spokesman Report

DUJIANGYAN : A "Pakistan Cultural Week in Sichuan" was inaugurated in Dujiangyan, a famous touristic city located in Sichuan province, China Being held from May 18 to 24 2023, the event is part of series of activities planned for the ongoing Year of China-Pakistan Tourism Exchanges and 10th anniversary of the establishment of Belt and Road Anniversary. It has been jointly organized by Pakistan Consulate General Chengdu, Sichuan People's Association of Friendship with Foreign Countries (SIFA) and Municipal Govern-

ment of Dujiangyan. The cultural week was officially inaugurated by Ambassador Moin ul Haque along with Mr. Hong Liu, President of SIGA and Mr. Zhang Yadan, Mayor of Dujiangyan.

Speaking on the occasion Ambassador Moin ul Haque highlighted the time-tested nature of China-Pakistan



friendship, which has been a pride of generations of people of both countries. Underlining the importance of people-topeople and cultural exchanges, Pakistan's rich history, scenic beauty and cultural heritage and invited them to visit and

explore Pakistan in the ongo-

ing Year of Tourism Exchanges. A photo exhibition, cultural

performances, display of Pakistani handicrafts, screening of Pakistani film and a lecture he briefed the audience about on Pakistani culture are part of the Cultural Week activities. A Letter of Intent to establish sister city relationship between Murree and Dujiangyan was

The event is being held at iconic Lidui Park which is located next to the 2000 year old irrigation and water management system designated as UNESCO World Heritage site. The Cultural Week is estimated to attract 30,000 visitors every day.

Rally held at IIUI to express solidarity with Pakistan Army



ISLAMABAD: The students and Academic and non-academic employees of International Islamic university (IIU) on Friday took out a rally at new campus to express support for the armed forces.

The young students who participated in large numbers were carrying banners and placards inscribed with slogans in favour of the armed forces. They condemned rioters for ransacking the private, government and defense installations on May 9 last. The rally was also joined by the differently abled students of the university. They maintained that the rioters who attacked monuments of the martyrs of the forces, they did hurt the sentiments of the patriot Pakistanis. The participants paid tributes to the armed forces and said they stood by the army which had always defended the country.

A good number of the participants were carrying the national flags. They also raised slogans in support of the armed forces. The participants prayed for the homeland and said that armed forces are the pride of Pakistan and lifeline of the nation.

Charitable education drive in **Balochistan**

News Desk

KARACHI: After successfully serving the underprivileged communities in the whole of Sindh continuously for the past 29 years the non-profit Green Crescent Trust (GCT) is going to extend its charitable work for the first time to Balochistan.

For this purpose, the GCT has joined hands with Al-Khidmat Foundation Women Wing (AKFWW) to jointly establish a charitable school in Winder which is one of the backward towns of Balochistan.

Central President of Al-Khidmat Foundation Pakistan, Dr Hafeez ur Rehman, will be the chief guest at the inaugural ceremony of the school in Winder on May 21. The guests of honour who will attend the ceremony include GCT's Patron-in-chief, Sardar Yasin Malik, GCT CEO, Zahid Saeed, AKFWW Chairperson Naveeda Anees, trustees, and donors of both charities.

The GCT, which in the past 29 years has established 160-plus charitable schools with an enrollment of 30,500-plus students from deprived families, is going to launch its school education drive for the first time

This is the second school to be launched under the joint partnership of the two charities.

KalPay Co-Founders Make it to Forbes 30 under 30 Asia List 2023

LAHORE announced its 8th Annual "30 under 30 Asia' List featuring 30 notable honorees across 10 different categories: Co-founders of Pakistan's leading Shariah-aligned consumer financing startup-KalPay,



Shershah Hassan and Waleed Amjad Islam, were selected for the prestigious list in the Finance and Venture Capital category.

These young entrepreneurs are making waves in major industry segments within the Asia-Pacific Region, including art & style, education, social impact, enterprise technology, and finance, etc.

While expanding in the e-commerce space, KalPay has also launched new verticals including KalPayRasayi and KalPayTaleem, offering its BNPL services on purchase of productive assets like smartphones and fee payments for education and skill development services. With a strong focus on creating a positive impact in the society, KalPay intends to make easy, hassle-free and Shariah-aligned credit accessible to the under-banked masses across Pakistan.

Through partnerships with Pakistan's largest tech enablers such as Careem, Foodpanda and renowned B2B financial lenders such as Muawin, KalPay is working towards creating a thriving ecosystem of financial inclusion for individuals and enterprises through capi-

Shershah Hassan, CEO of KalPay, stated "When we started working on the idea of KalPay, I could never have imagined the magnitude of impact that we would be able to create. With a long way to go still, we are glad to play our part in helping bring financial inclusion and awareness for the underbanked population of Pakistan.

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Pakistan Week inaugurated in China's Sichuan province

akistan Ambassador to China, Moin-ul-Haque has inaugurated Pakistan Week in Sichuan, where for a week. May 18-25, the picturesque Lidui Park, would be hosting Pakistani handicrafts and ornaments, along with a photo

The Pakistan Week, hosted by Sichuan People's Association for Friendship with Foreign Countries, Dujiangyan Municipal Government, and the Consulate General of Pakistan in Chengdu officially kicked off in Dujiangyan.

At the opening ceremony, Dujiangyan City and Murree City of Pakistan established a friendly and cooperative relationship.

Over 50 people, Hunain Abbas Khan, Acting Consul General of the Consulate General of Pakistan in Chengdu, Zhang Yadan, Mayor of Dujiangyan, representatives of the Pakistan Business Association and enterprises in Sichuan, Pakistani friends in Sichuan, and relevant Chinese representatives attended the opening ceremony.

Themed "Working hand in hand for a closer China-Pakistan bond under the Belt and Road Initiative", the event will be held in Dujiangyan City from May 18 to 24, including a Pakistan tourism photo exhibition, Pakistani culture exhibition, Pakistani film show, and Pakistani culture lecture.

According to the relevant responsible person for Sichuan Provincial People's Association for Friendship with Foreign Countries, this cultural week will further promote the understanding of Sichuan people of Pakistan, build a platform for friendly exchanges and mutual learning among civilizations, effectively promote and expand the exchanges and cooperation between the two sides in the fields of culture, tourism, economy and trade, education and sister cities, and turn the friendship between China and Pakistan into the fruitful results of win-win cooperation and common development. It will benefit the people of our two countries.

At the tourism photo exhibition held in Fulong Temple of Dujiangyan Scenic Area, a series of pictures of Pakistan's beautiful natural scenery, fresh local customs, and colorful traditional culture attracted tourists to stop and watch.

Dujiangyan Travel Pavilion at Fulong Temple Square showcases traditional Pakistani clothes, dazzling jewelry, and hand-made rugs copied from ancient Chinese artists, which vividly interpret the fusion and collision of Chinese and Pakistani culture.

The unique Pakistani film shows and cultural lectures make Dujiangyan residents enjoy the charm of "Iron Pakistan" culture at their doorsteps.

In October 2022, Sichuan Huadu Nuclear Equipment Manufacturing Co., LTD., located in an industry functional zone in Dujiangyan, donated money to Pakistan to help people affected by floods.Â A small donation is an epitome of the China-Pakistan friendship and the construction of China-Pakistan Economic Corridor.

During the event, Dujiangyan City and Murree City signed an MOU to establish friendly and cooperative relations.

It is a concrete action of Dujiangyan City to deepen the friendly relations between China and Pakistan, which will write a new chapter of opening up and cooperation between the two places.

The two sides will take this as a starting point and continuously strengthen sister-city exchanges, economic and trade investment, and cultural exchanges, so as to draw on each other's strengths and achieve win-win results.

As one of the few cities with three heritages in the world, namely, World Natural Heritage, World Cultural Heritage, and Heritage Irrigation Structures, in recent years, Dujiangyan City actively integrate into the construction of "the Belt and Road" and Chengdu-Chongqing twin city economic circle and serve the overall situation of the national diplomacy.

The cultural tourism economy is flourishing, and the city is open to the world. We have established international sister-city or friendly cooperative relations with 31 cities in 25 countries, and our "circle of friends" is spread across five continents and the title of "Tianfu International Meeting Room" receives guests worldwide.

'Remedy for Hatred of Murderous Thoughts'-III

MA Rashid

rophet Muhammed's justice when allocating wealth and judging between people The Prophet's justice is clear when he (peace be upon him) judged between people who had a disagreement. And how can this not be the case when he (peace be upon him) is the one who said.

If Fatima, the daughter of Muhammed, stole, I would cut off her hand related by Al-Bukhari and Muslim

When one of Bira' ibn 'Ajib's camels entered a man's field and ruined it,

The Messenger of Allah (peace be upon him) ordered the owner of the crops to look after the field during the daytime, and for the owner of the camels to look

after the field at night related by Ahmed. Similarly, the narration that related that a man called Dhal-Khawaysarah from Al-Tamem came when the Prophet (peace be upon him) was distributing money. He said,

"Oh Messenger of Allah, be just" Consequently, the Messenger of Allah (peace be upon him) said,

Woe to you! Who is just if I am not just? You would have been ruined and have failed if I were not just related by Al-Bukhari and Muslim

The Prophet (peace be upon him) warned us about the opposite of justice, that is oppression. Mention some reports in Islam that indicate how great a crime oppression is.

Prophet Muhammed's justice with the poly-

This was clear from how the Prophet (peace be upon him) dealt with Safwan ibn 'Umayyah after Mecca was liberated. Safwan was still a polytheist at that time. The Messenger (peace be upon him) needed some shields for the battle in Hunayn. Safwan used to trade in weapons in Mecca, and he had a large stock of weapons, so the Messenger of Allah (peace be upon him) said to him,

'Oh Safwan, do you have weapons." He replied, "Will it be a loan or are you taking them by force?" The Prophet (peace be upon him) answered, "No, Lit is a loan." Therefore, Safwan lent him just over thirty shields, and the Messenger of Allah (peace be upon him) used them in

the battle of Hunayn. When he defeat- and your wife has a right over you related the polytheists and gathered Safwan's shields, they found that they had lost one of them. The Messenger of Allah (peace be upon him) said to Safwan, "We lost one of your shields, should we pay you for it?" He replied, "No, Messenger of Allah; as there is something in my heart today that was not present the other day [when I lent you the shields]" related by Abu Dawood

Abu Dawood said, "Safwan lent them before he entered Islam, and after that he accepted Islam."

Prophet Muhammed's justice with the People of the Book (Jews and Christians)

If you were surprised about the justice of the Messenger (peace be upon him) in the previous situation, you will be extremely surprised about the incident when he (peace be upon him) judged between a Muslim and one who professed a different faith. A Jew had lent money to Jabir ibn Abdullah, but when the time came for him to pay the debt, he was not able to pay it. The Prophet (peace be upon him) went to the Jew to ask him to give Jabir more time to pay the debt. The Prophet (peace be upon him) asked him many times, trying to persuade him to let Jabir pay later, but the Jew refused to give him more time,

Prophet Muhammed's justice in declaring

The Prophet (peace be upon him) determined the rights of those who were frail, and warned the people against not giving them their rights, as he said,

Your servants are your brethren (that is, those who serve you are your brethren) Allah placed them under your hands. Whoever has a brother under his control should feed him with what he (the master) eats, clothe them with [the same type of] clothes he (the master) wears, and not ask him to do more than he is able to perform. However, if you ask him to do something burdensome, help him with it related by Al-Bukhari and Muslim

He (peace be upon him) used to also order his Companions to be balanced in their actions (to be a middle nation [not too extreme or too lenient () and give everyone their rights. He (peace be upon him) said,

Oh Abdullah ibn 'Umar, I heard that you fast during the day and pray all night. Do not do that, as your body has a right over you, your eyes have a right over you,

ed by Muslim

How can we follow the Prophet's example? 1. Always follow the truth and always judge fairly, even if it is against yourself, your parents or your relatives.

2. If you are given some responsibility, do not make your enmity against a certain person a reason to oppress and take other's rights. Allah (Glorified is He) says,

Do not let hatred for a people incite you into not being just. Be just. That is closer to righteousness Surah Al-Ma'idah: 8

3.Do not oppress anyone, no matter what the reason may be or whoever the person may be, and give everyone their 4. Follow the example of the Prophet

(peace be upon him) and be wise and just

with your family, and be fair when dividing things between your children. Moreover, teach them to follow the Prophet's guidance concerning being just. Hear my voice in the nests, O heedless. This is something that is recited knowing-

ly by the wazifa.! Trouble is coming There are suggestions of three ruins, just look at what is happening in the heavens, what is going to happen, how far is this silence in the stories of Kuhn's era?

If you do not understand that you are on earth and your voice is in the heavens, then you will disappear, O Hindus!

Even your stories will not be in stories. This is the constitution of nature, this is the style of nature, which is walking in the path of action, beloved of nature. Let's Recall!

When the power of love overcomes the love of power, the world will know peace."

(Jimi Hendrix) We have observed many times that the killer was also shedding tears in the mourning line of the victims to prove that he was very sad and sorry in these sorrowful moments so that from the eves of the victims, the truth may remain disappearing. Availability of giving the circumstances, who will start an impartial investigation and then get justice?

Every eye has also seen the open challenge against the decision of the Supreme Court, but helplessness was also observed in the capital from far and wide.

If the investigation is started impartially, then the situation will improve, otherwise all the efforts will prove futile

It is also important to focus on who

does not accept the decisions of the Supreme Court under which grounds?

Accountability of the people who brought the situation to this level could

be spared? Cracking down on PTI a few days before the Supreme Court's verdict and the intrusion of people who are not related to them into the protest is a tough ques-

On May 9, the security forces remained silent in the provincial capital, followed by

a sudden crackdown when much get lost? Giving an opportunity to the evil elements and seeing the attack on the property, silence and then the implementation of the law with full force?

became deaccelrative? May there be the phenomena "Love for Power" overcoming this phenomena has minimised the

It is sad that accelerating the law

Maximise the power of love with equitable justice, because no other option would prove our safety and security.

Remedy for hatred of murderous thought is the need of the hour.

Spreading anarchy so that the patriotic forces and nation may be confronted. Divide and rule formula is going to

emerge again? Any law, rule, regulation, policy, strategy or planning proves a mode of sheer reflection if there is no hope for growing justice. Impartially & honestly prepare a questionnaire dividing among the 23-Crore masses, there might generate satisfactorily good equitable justice that behind the incidents of May 9, who were the actual conspirators? One stop gives shelling

gas & shelling? PDM dharna exposes nature for us all! But it needs to concentrate means that

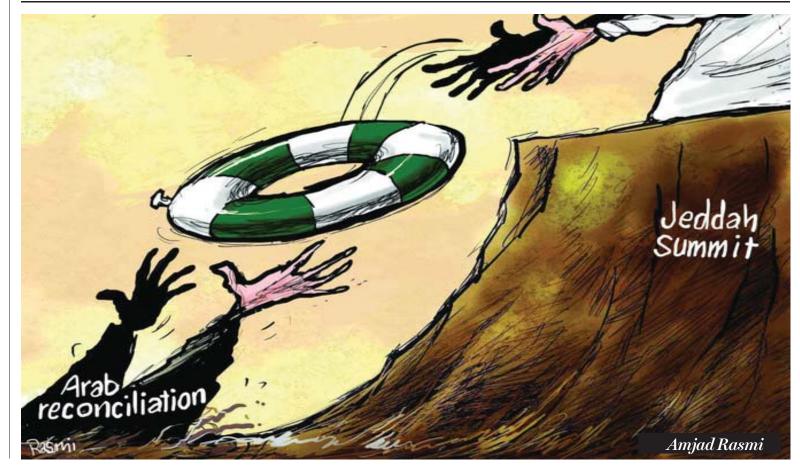
& tear gas, other stops exempt from tear

where there is a will there's a way? The Power of love would resolve the black clouds.

Someone reports that there was a preplanned program for May 9, but it took hours, from which side it was preplanned to wage a war with a conspiracy.

Proverb, "Repeated lies, cheating, trickery and forgery do not thrive. The illusion cannot last long." This proverb would support us all provided that we are firmly determined to get balance honestly without any partiality.

Concluded



India can't hide the reality by holding G20 Summit in Srinagar-II

Abdul Basit Alvi

organization, these shutdowns were imposed as part of "counterterrorism" meas-

Report further says that even though, the Indian authorities have claimed a significant this never-endimprovement in the security situation in Jammu & Kashmir, the Armed Forces (Special Powers) impunity," said Act remains on the law books. The legislation officially tasks the security forces with protect- and ing civilians, upholding national security and combatting violence by armed groups. However, in the name of security operations, security force personnel have historically committed many grave human rights violations

- including torture, rape and extrajudicial executions - which have gone unpunished. The failure to address these abuses have violated the rights of the victims enshrined in the Constitution of India and the international late for the Government of India tal campaign in the UK. Accorded the G20 member states that

ing cycle of Aakar Patel. Pakistani

miris around the globe are protesting against holding G20 in Occu-

information received from reli-

ccording to the to take meaningful steps towards ing to Tehreek-e-Kashmir (TeK) Kashmir was a disputed terridigital rights creating an inclusive and safe UK, a digital van highlighting tory whose destiny was yet to be society instead of peddling a false disputed nature of IIoJK is notion of normalcy in the region visiting all embassies of G20 and encouraging the perpetra- member nations in London. It in IIoJK at India's invitation tion of more abuses. Until then, will also visit the British parliathe Indian government's histor- ment and other important placical failure to protect the people es in London to remind the G20 he said, warning the world's top of Kashmir will keep feeding into member nations that "accept-

UN mandate international law on HoJK." said Fahim Kayani, leader of TeK. The digital campaign urged

pied Kashmir. Accroding to nations to boycott the Indian event in IIoJK while urging the able sources, on 11th may, in a nations to end colonization of bid to discourage G20 members Kashmir by India. "Holding any from accepting Indian invite to event related to G20 in Kash-G20 meeting in Indian Illegally enables genocide committed by to justice and remedy, which is occupied Kashmir (IIoJK), Unit- India," said Kayani. "Rise to occaed Kingdom based Kashmiris sion and hold India accountable illustrious rights outfit Tehreek- on IIoJK," Kayani said, addresshuman rights law. It is not too e-Kashmir UK launched a digi- ing the G20 nations. He remind-

decided by its people. "Attending any international event makes these nations complicit in crimes committed by India," 20 economies to respect inter-Indian national law. "Our campaign invite disregard is to make these G20 nations aware of India's reality behind holding such an event in HoJK," said Kayani. "Indian propaganda machinery has led these G20 nations thinking that everything is honky dory in IIoJK but the reality is that India is holding Kashmir hostage at gun point."

Readers, India is trying to hide G20 member the real situation of Kashmir from the entire world by holding this summit there. India is pretending that everything is normal in Occupied Kashmir which is totally wrong and has participate in a controversial mir violates UN resolutions as it been identified by independent sources. The world should force India to stop victimizing Kashmiris and give them a right to self determination as per UN resolutions.

Concluded

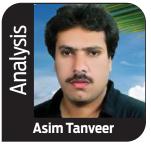
Pakistan civilians must not be tried under military laws

esponding the press release published by the Services Public Relations (ISPR) indicating the Pakistan military's intention to bring 'arsonists' during last week's violent protests to trial under the Pakistan Army Act and Official Secret Act, Dinushika Dissanayake, the Deputy Regional Director for South Asia at Amnesty International, said:

It is alarming to note that the Pakistani Army has stated its intention to try civilians under military laws, possibly in military courts. Trying civilians in military courts is contrary to international law.

Article 14 of the International Covenant on Civil and Political Rights (ICCPR), which Pakistan has ratified, guarantees the right to a trial before a 'competent, independent, and impartial tribunal established by law.' Military courts in Pakistan are not independent courts and are

within the armed forces. Amnes- laws that can be used to prosea catalogue of human right violations stemming from trying civilians in military courts in Pakistan, including flagrant disregard for due process, lack of transparency, coerced confessions, and executions after grossly unfair trials. Therefore, any indication that



the trial of civilians could be held in military courts is incompatible with Pakistan's obligations under international human rights law.

This is purely an intimidation tactic, designed to crack down on dissent by exercising fear of an institution that has never been held to account for its overspecialized, purely functional, and reach. There are several providesigned to maintain discipline sions under ordinary criminal related to terrorism

ty International has documented cute vandalism and destruction of public property. The right to a fair trial, guaranteed by Pakistan's constitution, is severely undermined by this move and cannot be justified. It must be struck down immediately."

Background

On 8 May 2023, former prime minister Imran Khan was arrested and his supporters held nationwide protests, during which there have been incidents of violence. Some groups 'breached the military headquarters while others set fire to a military commander's official residence. At least eight people have died and thousands have been arrested as per police reports in media, including other political leaders of Imran Khan's Tehreek-i-Insaf party.

Pakistan's army described 9 May as a "dark day" and warned protesters of "severe retaliation" against further attacks on military and state properties.

Pakistan is the only country in South Asia to allow military courts to try civilians for non-military offences, including offences

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Understanding China is the need of the hour

72nd Sino-Pakistan Diplomatic Relations anniversary celebrated

跨 Syed Ali Nawaz Gilani

PESHAWAR: The Pakistan-China relations are exemplary and we should learn from the China's Leadership and Peoples dedication and devotion for their loving home land and their vital role in China's stand on international stage with pride. The recent past China's global positive role for peace and economic development is a guideline for us. This was stated by Justice (Retd.) IrshadQaiser Khyber Pakhtunkhwa Minister for Higher Education, Law, Parliamentary Affairs, Human Rights, Archives & Libraries at a Cake cutting and Friendship Awards distribution ceremony organized by Pakistan China Friendship Association (PCFA) Khyber Pakhtunkhwa-Pakistan and China Study Centre (CSC) University of Peshawar jointly. This is high time to learn from China's experience in our fields of life and this learning will be greatly helpful for our social economic development and to counter the challenges we are facing. She mentioned that Today, while celebrating the 72 anniversary of the establishment of diplomatic relations between Pakistan and China, we should think about what we have learned from China, As we know that Pakistan and China are very close neighbors connecting mountains rivers, and islands. A large number of Pakistani students are learning at various reputed Chinese Universities. They are bringing new knowledge in their respective fields and contributing to the social and economic prosperity of the countries. Today, we should understand the importance rather significance of these relations in the best interest of the homeland. ship. Both countries supported



PESHAWAR: Pakistan 18th May, 2023: The Pakistan China Friendship Association (PCFA) Khyber Pakhtunkhwa and China Study Center (CSC) jointly organized 72nd Sino. Pakistan Diplomatic Relations (1951 - 2023) celebrations at CSC University of Peshawar. Honorable Justice Retd Irshad Qaiser, Minister for Higher Education Law, Parliamentary Affairs, Human Rights and Archives was Chief Guest on the occasion. Prof. Dr. Muhammad (dress, Prof. Dr. Shahjahan, Mr. Ahmed Hassan, Farukh Saklain, Syed Ali Nawaz Gilani and Dr. Kausar Takreem were prominent in the event.

Study Center, UoP, and Pakistan China Friendship Association, KP for working with dedication and devotion and for the promotion of higher education between the two countries.

The event was graced by apart from Chief Guest, Prof. Dr. Muhammad Idress Vice Chancellor University of Peshawar, Mr. Ahmad Hassan Chairman Governor Inspection Team, Prof. Dr. Shah Jehan Vice Chancellor Iqra University, Mr. Furruk-Saglian Chairman KP Text Book Board, Dr. Zahid Anwar, Syed Ali Nawaz Gilani Secretary-General PCFA and Prof. Dr. Kausar-Takreem Coordinator CSC apart from large number of Friends of China various walks of life and UoP. Madam BaoZhong Counselor from the Embassy of People's Republic of China join the event as Key Note Speaker on video link from Embassy.

Prof. Dr. KausarTakreem Coordinator CSC, said that China and Pakistan have a friendly relation-Once again, I appreciate China each other through thick and

She mentioned that CSC is thankful to both Federal and Provincial Governments, HEC, Vice Chancellor, UoP, and Chinese Embassy Islamabad for its wholehearted support to the

Syed Ali Nawaz Gilani, Secretary General PCFA KP, Pakistan in his speech said that Sino-Pakistan Relations have strengthened over time. Traditionally the relations with China are very old. Peshawar- Urumqi and Abbottabad-Kashgar are sisters cities since 1985 and 2007 respectively. The relations between Pakistan and China today are at a high peak and we expect that both the countries will continue supporting each other and will work for the progress of the people. The vital role of CPC in promoting and strengthening through Political interaction all level also give

new heights. Madam Bao Zhang Political Councilor China Embassy, Islamabad thanked the organizers for arranging a seminar to celebrate the occasion in a befitting manner. She appreciated the efforts of the former Director

CSC Prof. Dr. Zahid Anwar who has facilitated the establishment of the relationship between the two countries through the CCS UoP. She also extended her best wishes to the new coordinator China Study Center, UoP Prof. Dr. KausarTakreem, and ensured her full support.

She said the world is undergoing some dramatic changes, the collective rise of China, Pakistan, and other developing countries has had a profound impact on the international landscape. Madam BaoZhog mentioned that during recent visit of Chinese Foreign Minister & State Counsellor Mr. Qin Gang, the visiting Chinese Foreign Minister China advocates that all countries should stick to independence and follow the development paths suited to their national conditions and calls for mutual respect equality and win-win cooperation among countries. The Chinese Foreign Minister during recent visit stressed that relay baton of China-Pakistan friendship has been passed to younger genera-

tion. She said that the coopera- increases with time in all fields tion will continue with the CSC & PCFA in promoting government-to-government cooperaeration, people to people contact. She also said that the CSC doing tremendous efforts in strengthening the bilateral relations between Pakistan and China and we expect more cooperation in this regard.

Dr. Shah Jehan Vice Chancellor, IQRA National University, Peshawar appreciated the peaceful rise of China in global politics. He highlighted that China gradually is becoming a global leader in the world. He also mentioned his visits to China and talked about his contribution to bringing close together Pakistan and China through Higher Education.

Prof. Dr. Zahid Anwar former Director CSC UoP highlighted that China-Pakistan relations are higher than the Himalayas, Deeper than the Indian Occasion, and sweeter than honey. We can learn from China's hard work, and planning. He said that the role of the CPC is very important in developing China. He said that President Xi Jinping has brought China to the global stage and is a successful country and we can learn a lot from China so far as higher education

is concerned. Prof. Dr. Muhammad Idrees Vice Chancellor, UoP welcomed the chief guest and other respected participants to the seminar. He highlighted the importance of Pakistan-China relations. He said that the leadership of both countries is committed to taking this relationship forward. China and Pakistan relations have developed an outstanding model for relations. Pakistan and China relations are based on a solid foundation. Pakistan-China cooperation

including the knowledge industry.

She said that it is a great pleasure to attend the 72nd anniversary of Pakistan-China diplomatic relations. This is high time to learn from China's experience in our fields of life and this learning will be greatly helpful for our social economic development and to counter the challenges we are facing. Today, while celebrating the 72 anniversary of the establishment of diplomatic relations between Pakistan and China. we should think about what we have learned from China, As we know that Pakistan and China are very close neighbors connecting mountains rivers, and islands. A large number of Pakistani students are learning at various reputed Chinese Universities. They are bringing new knowledge in their respective fields and contributing to the social and economic prosperity of the

Today, we should understand the importance rather significance of these relations in the best interest of the homeland. Once again, I appreciate China Study Center, UoP, and Pakistan China Friendship Association, KP for working with dedication and devotion and for the promotion of higher education between the two countries. I am confident that they will further play their wider roles in strengthening these relations between the two countries. Thank you very much and long live Pakistan-China relationships. Later on Prof. Dr. Kausar-Takreem extend vote of thanks all the distinguished guests and participants. Friendship Awards were distributed among leading Friend of China from Khyber Pakhtunkhwa Province. (Email: sveed.gilani@gmail.com)

Grand Rotana Resort & Spa: A Complete Holiday Destination

👺 Munaza Kazmi

taining, Peaceor Fun! what are you looking for this as well. holiday season? What if this all comes together at one place! On the tranquilshores Rotana Executive hotel rooms es and comfortable contempoof Sharm El Sheikh, Egypt a truly and suites. Moreover, there're rary furnishings. Designed for private beach of 450 meters, a with private gardens and swimspectacular pool surrounded by a lush tropical landscape with over the luxury in absolute isolation. 2000 palm trees, beautiful lawns Although, all rooms and suites packed with flowers of several kinds and color making the air terrace overlooking the shinas a flowery mist, Grand as its name Grand Rotana Resort and Sea or the Resort's own magnifi-Spaa luxury beachfront resort is cent gardens. Let's say a beautiful today's Family first choice. With a morning you woke up to witness

El Sheikh International airport, ranquility, Enter- as well as with easy access to the major tourist attractions makes Rotana a much more convenient

The Resort offers 526 luxuriexciting seafrontlocation, with 9 Royal villas of 4&5 bedrooms maximum comfort and privacy. ming pools, hence once can enjoy feature a private balcony or ning Tiran Island on the Red

distance of just 8 km from Sharm the Sun came bathing from the are. Red Sea or an evening enjoying a cup of tea while finding the sun hiding behind the gigantic palm

However, all hotel rooms & suites have a bright interious hotel rooms, suites and Club or with natural wood finishmost hotel rooms feature sofas, secluded terraces, or balconies with garden view of the beautiful landscape, in addition to free high-speed internet access.

Moreover, there's free Wi-Fi in public areas, lobby, food & beverage outlets, and recreation areas, hence you can connect with your family and friends where ever you

For dining and entertainment, in the resort you can find $10\ {\rm restaurants},$ bars and cafes serving the delicious food with big smiles. Let's say;

The giant RAMSESis an all-day restaurant, where you will find yourself enjoying lavish buffets for breakfast, lunch and dinner with attractive views of hotel and sea. Flavors including local, Mediterranean, and

ian, try MEZZALUNA ITAL-IAN RESTURANT, and savor your tongue with cheesy flavors of Milan along the fresh mist from the Red Sea.

Who can forget the conquest of spices, that lead to the Europe conquer the Mughal Empire, however Indian spice have its own flavor which no one can match or if tried once can never be forgotten, possibility this would be the reason of Rotana's signature restaurant Silk Road, where Eastern flavors create absolute magic. It focusses 3 live kitchens featuring in Indian, Chinese and Thai.

Then comesC-LIDO perfectly setting in one of hotels lawn in the close proximity of beach overlooking the spectacular views of Tiran Island. It's a cool place to serve yourself with fresh cocktails and delightful snacks.

On the beachfront is THE PALMS BAR & GRILLserving BBQ, seafood "Catch of the day" mixed grill which is their specialty, crispy salads, and exotic cock-



Feeling like something Ital-

tails throughout the day. Grand Rotana Resort & Spa has a stunning pool, traversed with the giant palm trees, while kids are enjoying water activities, vou can soak in sun or take a relaxing water therapy in the nearby Infinity Pool with refreshing drink or appetizers from the AQUARIUS POOL BAR.

Or you can try DUKE'S ENGLISH PUB right next to the pool with its solid old wood furnishing, presenting contemporary International cuisine.

Well you are in Egypt, so let's travel in the time and experience the Ancient Egypt! Come with me to relish the ISIS LOUNGE, carefully designed with ancient décor, fabrics and furniture, exhibiting their local culture infused with the spellbinding at Grand Rotana Resort & Spa aromas of the past. A cup of

coffee in this enchanted lounge is a must go.

SKY LOUNGE lusters during late hours, normally till mid night, it's an outdoor magical majlis offering a wide selection of shishas, Arabic teas and flavored vodkas, complemented by Oriental mezza and hot snacks. Moreover, the friendly hotel entertainers perform something unusual every night to cheer up their beloved guest. During my stay, I trilled watching the fire show, magical performances, live music and the Egyptian famous Belly

When one has several delicious options at every hour of the day, our mind rans towards calculating the Carb intake. The Bodylines Wellness & Fitness Centre features state-of-the-art fitness

What causes depression?

Brain chemistry:

Stressful life events:

Medical conditions:

How is depression diagnosed?

Healthcare providers diag-

nose depression based on a thor-

ough understanding of your

symptoms, medical history and

mental health history. They may

diagnose you with a specific type

of depression, such as seasonal

affective disorder or postpartum

depression, based on the context

Genetics:

Medication:

equipment and their award-winning Zen the Spa, offers you tranquility and pure relaxation to balance your mind, body, and soul.

Moreover, for recreation there's The Scorpion Dive Center for diving and snorkeling, there is a completely different world underneath our feet, floating colors and kind. Or you can play tennis, while the kids get distracted in the Kids Club or very often there's some sort of game or activity arranged in the wallyball area, in addition to the live performance. Or the calming beach is always a best option.

There's much to oneself, from relaxing to playing to dancing, however my favorite was to sit by the sea by watching the moon slowly melting in the dark Red sea.



Depression

👺 Aliza Arshad

epression is a common mental health condition that causes a persistent feeling of sadness and changes in how you think, sleep, eat and act. There are several different types. Depression is treatable — usually with talk therapy, medication shades and hues namely depresor both. Seeking medical help as soon as you have symptoms is essential.

Pakistan is home to over 220 million people, ranking fifth in the list of countries by population, as well as fifth in the list of countries with a young population. According to the UN Population Fund Report, around 63 percent of the population in Pakistan comprises youth aged 15 to

33 years. Yet, despite the data and numbers available, mental health issues and their management is a subject few are ready to acknowledge and address.

Pakistan has one of the highest rates of mental ill health in the world; according to one estimate, around 50 million people in Pakistan suffer from mental disabilities, which manifest in many sion, substance abuse, alcoholism, post traumatic disorder, eating disorders, manic depressive psychosis, schizophrenia. At the same time. Pakistan has a staggeringly low number of psychiatrists and psychologists. According to a paper published in Lancet Psychiatry in 2020, there are fewer than 500 psychiatrists in the country

for this population size. What is depression?

Depression is a mood disorder that causes a persistent feeling of sadness and loss of interest in things and activities you once enjoyed. It can also cause difficulty with thinking, memory, eating and sleeping.

There are several types of depressive disorders. Clinical depression, or major depressive disorder, is often just called "depression." It's the most severe type of depression.

Without treatment, depression can get worse and last longer. In severe cases, it can lead to selfharm or death by suicide. The good news is that treatments can be very effective in improving symptoms.

What are the symptoms of depression? The symptoms of depression

can vary slightly depending on

the type and can range from mild to severe. In general, symptoms Feeling very sad, hopeless or

worried. Children and adolescents with depression may be irritable rather than sad. Not enjoying things that used

to bring joy. Being easily irritated or frus-

Eating too much or too little, which may result in weight gain or weight loss.

Trouble sleeping (insomnia) or sleeping too much (hypersom-

Having a difficult time concentrating, making decisions or remembering things.

Having low energy or fatigue. Parkinson's disease.

Experiencing physical issues like headache, stomachache or sexual dysfunction.

Having thoughts of self-harm or suicide.

Who does depression affect? Depression can affect anyone including children and adults. Women and people assigned female at birth are more likely to have depression than men and people assigned male at birth.

Having certain risk factors makes it more likely that you may develop depression. For example, the following conditions are associated with higher rates of

depression: Neurodegenerative diseases like Alzheimer's disease and

Multiple sclerosis. Seizure disorders.

Macular degeneration.

Cancer.

Chronic pain.

How is depression treated? Depression is one of the most treatable mental health condi-

of your symptoms.

tions. Approximately 80% to Researchers don't know the 90% of people with depression exact cause of depression. They who seek treatment eventually think that several factors contribrespond well to treatment. ute to its development, including:

Treatment options include:

Psychotherapy: Medication:

Complementary medicine: Brain stimulation therapy:.

There are also things you can do at home to help improve depression symptoms, including:

Getting regular exercise. Getting quality sleep (not too little or too much).

Eating a healthy diet. Avoiding alcohol, which is a depressant.

Spending time with people you care about.

Author is student of 1st Year BS Psychology Group in Riphah University

Bull & Bears PSX 100-Share

'`` Index Fluctuation			
Pakistan: PSX 1	Pakistan: PSX 100-Share Index		
Current	Prev. Close		
41,599.18	41,442.07		
Day's High	Day's Low:		
41,628.78	41,354.33		
Index Value	Change		
2,633,146,565	+157.11		
Percentage	Time		
+0.38%	19 May, 2023		
. 5.55%	5:00 pm		
-	E 100 Index		
Index Value	Change		
7,756.87	+14.57		
Percentage	Time		
+0.19%	19 May, 4:35 pm		
	GMT+1		
USA: Dow Jones I	ndustrial Average		
Index Value	Change		
33,466.55	-69.36		
Percentage	Time		

GMT+9 **Open Market Forex Rates**

Asia Pacific: Nikkei Stocks Average

-0.21%

Index Value

30,808.35

Percentage

+0.77%

19 May, 1:06 pm

GMT-4

Change

+234.42

Time

19 May, 3:15 pm

Currency	D		
Currency	Buying	Selling	
Australian Dollar	192.5	194.5	
Bahrain Dinar	777.88	785.88	
Canadian Dollar	214	216.2	
China Yuan	42.07	42.47	
Danish Krone	42.7	43.1	
Euro	318	321	
Hong Kong Dollar	37.31	37.66	
Indian Rupee	3.56	3.67	
Japanese Yen	2.25	2.3	
Kuwaiti Dinar	952.27	961.27	
Malaysian Ringgit	65.03	65.63	
NewZealand \$	182.07	184.07	
Norwegians Krone	27.57	27.87	
Omani Riyal	760.2	768.2	
Qatari Riyal	80.35	81.05	
Saudi Riyal	78.5	79.3	
Singapore Dollar	215	217	
Swedish Korona	28.25	28.55	
Swiss Franc	326.82	329.32	
Thai Bhat	8.66	8.81	
U.A.E Dirham	80.5	81.4	
UK Pound Sterling	366	369	
US Dollar	297.5	300	

Nadeem Khan nominated as member of ICAP ASB

Example 2 Commerce Desk

ISLAMABAD: Group Chief Financial Officer (GCFO), PTCL & Ufone 4G, Nadeem Khan has been nominated as a member of the Institute of Chartered Accountants of Pakistan (ICAP) on its prestigious Accounting Standards Board (ASB). The ASB is responsible for overseeing the adoption, development, and implementation of accounting standards in the country, as well as providing guidance and recommending the adoption of new International Financial Reporting Standards (IFRS).

Nadeem Khan is one of the three prominent business and industry leaders nominated to serve on the board, which includes prominent professionals from private and public sector. He has been appointed for a 4 year term. Nadeem Khan is a widely recognized business leader with nearly 3 decades of professional experience in key decision-making positions.

Pakistan should attract Chinese industrialists: Mian Zahid Hussain

ISLAMABAD: Chairman of National Business Group Pakistan, President Pakistan Businessmen and Intellectuals Forum, and All Karachi Industrial Alliance, and former provincial minister Mian Zahid Hussain on Friday said China's share in the global market of readymade garments is decreasing due to rising business costs and tensions with Western countries.

Rising wages in China, Ukraine policy and tensions with the US are affecting its exports which is an opportunity to other countries,

Mian Zahid Hussain said that taking advantage of the situation, India and Bangladesh are not only increasing their capacity and exports,

but also encouraging Chinese industrialists to relocate to their countries

Talking to the business community, the veteran business leader said that Pakistan should also take advantage of this opportunity and provide business facilities to Chinese industrialists so that the economic situation can improve and people can get employment.

He said that Pakistani exporters should also focus on trade with Japan, the fourth largest importer of garments in the world.

Mian Zahid Hussain added that the size of the global apparel market is 1.7 trillion dollars, in which China's share is continuously decreasing and Bangladesh is benefiting the most from this, which has more business than China, Vietnam and Indonesia in the American market.



India is taking the second position which is setting up readymade garments units on a large scale in various states while cheap loans are also being given to the private sector to increase the volume of exports which will also increase employment.

India wants to increase the exports of this sector to 30 billion dollars in a few years, while Pakistan's exports are continuously falling due to rising costs, the whole country is mired in political turmoil and the environment is not conducive for economic reforms.

In the current situation, domestic and foreign businessmen are fleeing the country instead of investing because they think that political and economic stability is difficult in the near future.

Women's empowerment is Govt's number one priority: SM Tanveer

ISLAMABAD: Islamabad Women's Chamber of Commerce and Industry (IWCCI) hosted a reception in honour of SM Tanveer, Minister of Industries and Commerce, Government of Punjab, which was heavily participated by leaders of the business community, women entrepreneurs and government officials

Speaking at the occasion, SM Tanveer said that women empowerment is at the top of the government's agenda without which the dream of national development cannot be achieved.

He said that IWCCI is one of the most effective women's chambers in the country which is playing a laudable role to empower women through entrepreneurship and that the government will extend all possible help towards this noble cause.

Providing business skills training is a basic step toward empowering women entrepreneurs, but to truly achieve transformative change, training programs need to address constraints facing women, he

He said that women are also stepping into the manufacturing sector and assured that women will get space in the industri-

Speaking at the occasion, Shahzad Ali



Malik, Chairman of United Business Group and others said that women empowerment is a challenge in Pakistan but it's necessary to improve the economic landscape in the country.

They urged the government to simplify policies and provide an enabling environment for small businesses run by women.

Founder President IWCCI Samina Fazil said that current women's economic empowerment interventions are not enough to overcome all obstacles facing

female entrepreneurs.

Men and women entrepreneurs face inherently different constraints including psychological and cultural factors. Female entrepreneurs are often lacking in access to financial and human capital which impedes business growth, she added.

Samina Fazil said that the success of female entrepreneurs depends on their personal traits and entrepreneurial skills, and how institutions and stakeholders support them.

SECP remains committed to fostering a respectful work environment



S Commerce Desk

ISLAMABAD: The SECP arranged an awareness session on "Creating a Respectful Work Environment" conducted by Ms. Maliha Husain, Executive Director at MEHERGARH (A Centre for Learning). The session was attended by all staff members, who were given a detailed overview of the subject, the sensitivities involved as well as applicable laws.

Ms. Husain emphasised the need to encourage open communication within the organization, especially on topics such as sexual harassment, since awareness is the female.

key to create a safe and inclusive workplace. She coached the attendees on the need to be empathetic and respectful to all, irrespective of age, race, gender or religion. Ms. Maliha also shed light on the applicable laws and guided the attendees on how to approach authorities with regards to those laws.

SECP, as an equal opportunity employer, remains dedicated to the cause of women's empowerment. As a result of policy intervention in recent years, female representation at senior level has increased to 23% in 2023, while 51% of new recruits in 2022 were

Punjab's Industries Minister to take Regional CCIs on board for industrial estate

156 Tariq Khattak

ISLAMABAD: S.M.Tanveer, Minister of Industry and Commerce of Punjab said that Islamabad, Rawalpindi and Chakwal Chambers of Commerce and Industry would be taken on board to set up a new industrial estate in the region to promote industrialization and provide employment opportunities to the youth. He said that the Puniab government has already identified four sites for setting up a new industrial estate in the region on the demand of the Islamabad Chamber of Commerce and Industry, so the three Chambers should soon reach a consensus on site to execute this important project. He said this while addressing a reception organized by Chakwal Chamber of Commerce and Industry in Kallar Kahar.

Bilal Afzal, Punjab's Excise and Communications Minister said that 10 km Bhawan Road has been completed in Chakwal district while Kallar Kahar Chowah Saidan Shah Road will be completed soon. He said that Chakwal-Tala Gang road and other roads of the district would also be reha-

Chakwal Chamber of Commerce and



Industry President Waqar Bakhtawari said that Neela Dulla location in Chakwal is the most suitable place for setting up a new industrial estate as this place provides easy access to investors of Islamabad and Rawalpindi and other surrounding areas. So, the establishment of new industrial estate at this location should be given serious consideration.

Zafar Bakhtawari, former President ICCI and Secretary General of UBG, said that the establishment of Chakwal district was the first major event in its history and after that the construction of Morway, Kallar Kahar and Bal Kassar interchange have created

a revolution in the history of the district. Qazi Akbar, group leader of Chakwal CCI and Vice President FPCCI, said that there is a need to build a gymkhana club in Chakwal for the convenience of the citizens, for which the support of the Punjab government is urgently needed.

UBG leaders Atta Aamir Bajwa, Malik Manzoor and Rauf Mukhtar also addressed the event. Chakwal Chamber of Commerce Senior Vice President Umar Sami, Vice President Ahmed Farooqi, Khawaja Arif, Khurram Kamran, Shahzad Sadiq, Malik Ghulam Murtaza and others were also present in the event.

Islamic World Economic Forum being held in Kazan



Spokesman Report

KAZAN, RUSSIA :Today on the sidelines of Russia-Islamic World Economic Forum being held in Kazan, Sved Naveed Qamar Pakistan's Minister of Commerce witnessed the signing of the Protocol relating to Customs cooperation between Ministry of Commerce Pakistan and Federal Customs Services of Russian Federation.

The Protocol covers Administrative Cooperation and Information Exchange under the unified Tariff Pref-

erences of Eurasian Economic Union. The landmark Protocol is another important step in building the legal framework required for developing commercial relations between Pakistan and Russia. It would besides ensuring easy flow of goods also afford significant discount in customs duties for Pakistani products entering Russian market.

The Minister of Commerce is visiting Kazan to represent Pakistan at the 14th Russia-Islamic world Economic Forum held in Kazan 17-19 May

Basmati rice exporters to raise awareness on pesticide management: PBHF

Example 2 Commerce Desk

LAHORE: Pakistan Basmati Heritage Foundation (PBHF), a consortium of Basmati rice exporters, arranged seminars to create awareness amongst the growers and other stakeholders of the rice value chain for improving productivity and food safety through the usage of certified seeds and judicious application of

The seminars held at Narowal and Mandi Bahauddin were attended by the farmers, exporters and representatives of Ebro Foods (an international grain company) and Eurofins providing testing, certification and other facilities to exporters.

Juan Parious Soto Commercial Director of Ebro Foods speaking on this occasion said that better crop productivity for higher volumes through certified seeds & monitoring of pesticides residue was very important since Import Tolerances (IT) were being revised periodically by the European Union (EU), USA & Gulf

Antonio Hernandez Chairman of Ebro Foods (Ebro, Herba & Tilda) told the audience that being the world's largest importer of basmati rice he was ambitious to double the seeds and pesticide stewardship.

Basmati rice import. Tariq Mahmood Focal Person of Ebro Foods &CEO of GRS added that Compliant Exportable Basmati rice means purity, quality, traceability & food safety. Dr Alexander Zahm MD Eurofins Germa-

ny along with Dr Werner Nadder Former MD Eurofins shared the comparison of export dynamics of Basmati rice between India & Pakistan including rapid alerts generated for pesticides & aflatoxin. Sh. Adnan Aslam Co-convener of PBHF and

Executive Director of MAP Rice welcomed the foreign guests for visiting Pakistan & shared a snapshot of the rice sector, particularly basmati rice. He apprised the participants regarding the potential of exports by boosting rice productivity while keep ensuring food safety.

Imran Sheikh & Raja Arslan Khan National Coordinators of PBHF moderated both seminars & explained the context of the visit of international buyers. He underlined the usage of certified seed & responsible use of pesticides to meet import tolerance standards.

REAP Senior Vice Chairman Haseeb Khan and MC member Ali Narang shared their insights for increasing the share of basmati rice exports in the global market through new



Samee Ullah Naeem Former Chairman Rice Exporters Association of Pakistan threw light on the importance of agriculture and advised the policymakers to devise farmer-centric policies for transforming the agriculture sector. He said that we need to focus on producing more food including rice per unit of land. Address the water & agrochemicals in the challenging scenario of the scarcity of above with added climate change & multiple risk factors, he

Dr. Anjum Ali Buttar DG Agri. Ext. briefed about the insights & outcomes of the PM Emergency Rice Productivity project for promoting mechanization, & certified seeds.

Dr Ihsan ul Haq, Dr Amir Mumtaz & Dr Farrrukh Mehboob Program Leaders of IPM, Post-Harvest & Ecotoxicology respectively from the Pakistan Agriculture Research Council (PARC) sensitized the participants on the

safe & responsible use of agrochemicals in rice production for ensuring food safety & quality. Shahid Tarer Convener (PBHF) & MD Galaxy Rice explained about the vision of PBHF in bringing together all supply chain actors for better integration of forward & backward basmati rice value chain through solution-oriented strategies to address underlying challenges of the rice sector. He briefed the participants about the role of PBHF in establishing the National Chapter of SRP in

Javed Iqbal & Dr Irfanullah Warraich Divisional Directors Agri. Ext Gujranwala & Gujrat addressed farmers on good agriculture practices for obtaining better yields & income. He appreciated the PBHF for implanting SRP standards & digitization of traceability from

Rana Faqir Ahmed DG of Pest Warning & Quality Control sensitize farmers on the importance of the right application timing based on pest ETL (Economic threshold level) & PHI (Pre-harvest interval) to keep rice grains free from pesticide residues. Dr Hiz Jamali from Asian Development Bank & Dr Kashif Salik from Sustainable Development Policy Institute (SDPI) also participated.

Pakistan wheelchair-bound cricket team's training camp for Asia Cup from Monday

Sports Desk

ISLAMABAD: The training camp of the Pakistan Wheelchair-bound cricket team for preparation for the Wheelchair Cricket Asia Cup will commence at Baghe-Jinnah Lahore Gymkhana.

Pakistan is hosting the Asia Cup in July at the neutral venue of Nepal, President of Pakistan Wheelchair Cricket Council (PWCC) Rookhsana Rajpoot said on Friday.

"We were all set to host the event in Pakistan but due to some issues, we have decided to shift it to Nepal," Rookhsana

She said that every effort would be made to make the event a real success, commencing on July 11.

"Preparations to stage the event are underway. We hope fans will enjoy excit-



ing contests during the event," she added. The matches will be played at the two grounds in Kathmandu.

According to Rookhsana, Pakistan's outfit consisted of a bunch of highly talented players, who were capable

of winning the event. "Our players are in good shape. They have been working really hard for quite some time. I'm sure they will emerge victorious in the event," she added.

Teams from Pakistan, India, Nepal, Bangladesh, Sri Lanka and Afghanistan will participate in the Asia Cup.

"We will also host the Afghanistan wheelchair cricket-bound team in June for a series, to be held in Islamabad.

"The Afghanistan team will play three T20Is and two ODIs against Pakistan. "It will be a watershed moment as it will be for the first time in history that an international wheelchair cricket team will visit Pakistan for a series," Rookhsana added.

She said it would also be for the first time in the history of wheelchair cricket that an international one-day match would take place between the two teams.



Wapda win Gold in

National Games Women's

Sports Desk

QUETTA: In the 34th National Games, WAPDA won the final of women's hockey and won the gold medal, Army won the silver and bronze medals in Quetta.

The chief guest of this final played between the army teams was Farah Azeem Shah, spokesperson of the Balochistan government, who was introduced to the players of both teams.

The final started at a high speed. After the final one-on-one competition, they won the gold medal by winning three goals to zero. Army won the second place with the silver medal, while Higher Education won the bronze medal and won the third

Afterwards, Farah Azeem Shah distributed awards, medals

Zaman Khan joins Derbyshire for Vitality Blast



№ A Sports

NOTTINGHAM: Pakistan pace prodigy Zaman Khan has joined Derbyshire County Cricket Club for the upcoming Vitality Blast 2023, scheduled to commence on May 20.

According to the club, Zaman Khan has joined the squad and is upbeat about working under former Pakistan men's cricket team director Mickey Arthur; terming it a dream scenario.

Zaman signed a deal with Derbyshire for this summer's Vitality Blast, which begins with his side taking on Lancashire in the curtain-raiser on Saturday.

He also expressed his excitement about working under Arthur, who had a successful tenure as Pakistan's head coach from 2016-

'Playing in England is something I've wanted to experience and to do it working with Mickey Arthur at Derbyshire is a dream scenario," said Zaman Khan in a statement released by his club. "Derbyshire have been impressive in T20 cricket over the last

ew years, so I'm looking forward to playing with this squad and seeing if we can challenge again this summer." Zaman, famous for his pinpoint yorkers and exceptional death

bowling, has played 49 T20s in his blooming career so far, picking up 59 wickets at an average of 23.35 and with best figures of 4-16. His consistent performances in the franchise leagues powered

him to make his international debut for Pakistan during the three-match away series against Afghanistan in March. The right-arm pacer has thus far represented Pakistan in six

T20Is and picked up four wickets, maintaining a miserly econ-Zaman Khan has been enjoying a trophy-laden franchise

league career as he has thus far won two Pakistan Super League (PSL) titles with Lahore Qalandars. He also lifted the silverware in the recent edition of the Lanka Premier League (LPL) with Jaffna Kings.

Newcastle secure vital victory to boost Champions League hopes

Newcastle United took a significant step towards securing Champions League qualification with a commanding 4-1 victory over Brighton & Hove Albion at St James' Park.

Callum Wilson played a pivotal role in the triumph, scoring a late goal and assisting Bruno Guimaraes. The win propelled Newcastle to third place in the Premier League standings, placing them within touching distance of European football's elite

Kieran Trippier showcased his dead-ball expertise, delivering crosses that led to a Deniz Undav own-goal and a Dan Burn header, securing a comfortable 2-0 lead for the Magpies at halftime.

Abdul Razzaq picks Faheem Ashraf over Wasim Jr for World Cup

A Sports

ISLAMABAD: Former Pakistan all-rounder Abdul Razzaq picked Faheem Ashraf over Mohammad Wasim Jr for the upcoming ICC Men's ODI World Cup 2023 in India.

With this year's extravaganza just a few months away, former all-rounder Abdul Razzaq came up with a suggestion regarding the all-rounder spot for Pakistan.

While speaking to a local TV channel, Abdul Razzaq was asked to pick between Faheem Ashraf as to who should be selected to represent the country in this year's world cup.

The legendary all-rounder threw his weight behind Faheem Ashraf; citing the latter's experience.

"If we judge experi- him from Khyber Pakh-



ence-wise, then Faheem tunkhwa. I think he was Ashraf should go for World Cup," said Razzaq.

Meanwhile, Abdul Razzaq also questioned Wasim Jr's selection and development and Mohammad Wasim Jr in the national team as the former all-rounder believes that the latter was promoted without sufficient exposure in the domestic structure.

"If we talk about Mohammad Wasim Jr, we brought

selected for the Pakistan team too early," Abdul Razzaq said.

"Wasim Jr should have played more domestic cricket and bowled longer spells over there before getting selected. Now, he plays few to the international circuit matches for Pakistan and then sits out in the rest of the matches. You can never groom a player like that," he added.

Pakistan's However,

participation in the upcoming World Cup has been in jeopardy after the Board of Cricket Control in India (BCCI) refused to travel to Pakistan for Asia Cup on political grounds and has since been pushing to shift the tournament to a neutral

The BCCI maintained its stance of not touring Pakistan for the Asia Cup, while the PCB was adamant that if they do not, then Pakistan might not travel to India for the World Cup in October-November.

As per the latest development, however, the BCCI has reportedly accepted PCB's hybrid model which meant that Pakistan will host the first four matches of the tournament while India's group stage matches and Super 4s matches will be contested on a neutral

Jim Brown: End of an era as NFL legend passes away

Jim Brown, the legendary Cleveland Browns running back and civil rights icon,

has passed away at the age of 87. His family confirmed the news, saying that he died peacefully at his home in Los Angeles.

Brown was a revered figure in the NFL recognised as one of the greatest football players in history. He spent his entire career with the Cleveland Browns, leading the league in rushing for eight seasons and accumulating impressive career stats. Brown's impact extended beyond the football field; he was actively involved in civil rights initiatives and social causes.

During his time with the Browns, Brown achieved numerous milestones and accolades. He was named the greatest football player ever by the Sporting News in 2002. He consistently performed at a high level, earning Pro Bowl selections every season and leading Cleveland to the NFL championship game three times, winning the title in 1964. Known for his exceptional rushing abilities, Brown recorded over 1,000 yards in seven seasons.

Lamela heads Sevilla past Juventus into Europa League final

Sports Desk

SEVILLE: Erik Lamela propelled Europa League moments. It was a unique specialists Sevilla into the final once again with a 2-1 victory over Juventus on Thursday, sealing a 3-2 aggregate triumph in a gripping clash.

Lamela headed home in extratime to complete an impressive comeback for the record six-time winners of the competition, who will face Jose Mourinho's Roma in Budapest on May 31 after they edged past Bayer Leverkusen.

Dusan Vlahovic fired visitors Juventus ahead in the second the area to take the game to extra-time.

Lamela connected perfectly with Bryan Gil's cross in the 95th Sanchez-Pizjuan, and Sevilla held on to reach the final for the

first time since 2020.

"A lot of things went through my head, good moments, bad moment," Lamela told Movistar. "Now we are a step away, it's a

great opportunity. It's a night I will remember forever, it's something incredible to play here, in front of all these fans."

Juventus failed to set up an all-Italian final against Roma, but Italy still has with one representative in each of the three European finals. Inter Milan reached the

Champions League showdown against Manchester City half, two minutes after coming by seeing off rivals AC Milan on as a substitute, but Suso on Tuesday, while on Thursday smashed home from outside Fiorentina beat Basel to reach the Conference League final

Defeat is concerning for Juventus, who are second in minute to delight the Ramon Serie A but braced for a potential points deduction which could knock them out of the top four.



Winning the Europa League would have been an alternative route to Champions League qualification.

Massimiliano Allegri's side, without the injured Paul Pogba, where they will face West Ham. were significantly better than in the first leg but fell short.

You have to put them in the back of the net when you have the chances," Allegri said.

"The boys played a good

game, but it was a European semi-final, we had to give a little more.

"It's a team that lacks experience at international level, these are physical matches, which

Sevilla, who dominated in

He said his young Juventus side paid the price for their lack of experience compared to

require a lot," he added.

Turin but were pegged back at the death in the 1-1 draw, shaded the first half but Juventus threatened on the counter.

Juventus goalkeeper Wojciech Szczesny produced a superb save to claw out a Lucas Ocampos header at his near post. At the other end his counter-

part Yassine Bounou produced an equally strong fingertip stop to tip a Moise Kean effort onto the post.

Sevilla were fuming before half-time when Juan Cuadrado sliced down Oliver Torres and no penalty was awarded by VAR, despite replays indicating the foul began in the area.

Gleison Bremer's header scraped the post as the Italians pushed harder to break the deadlock in the second half.

Substitute Vlahovic made Juventus' pressure count as he burst away from two Sevilla defenders and dinked the ball past Bounou.

Daniil Medvedev, Stefanos Tsitsipas race on to Italian Open semis

Sports Desk

ROME: Third seed Daniil Medvedev and 2022 finalist Stefanos Tsitsipas powered into the Italian Open semi-finals on Thursday with comfortable

straight-set wins. Daniil Medvedev continued his clay breakthrough as he reached the final four 6-2, 6-2 over Yannick Hanfmann.

Greek Tsitsipas, the 2022 finalist, subdued Croat Borna Coric 6-3, 6-4 on a day when the French Open field was blown wide open by the withdrawal of Rafael Nadal.

The iconic 14-time champion, 36, cast a huge shadow over his future in the game, confessing that he did not know when he would be fit from a hip injury which has kept him off court since January.

Medvedev, the 2021 US Open champion, has made big improvements in his clay game here after freely admitting he's never been comfortable on the dirt. He has shattered that stere-

otype with his steady progress at the Foro Italico, reaching his seventh semi-final of the season. Medvedev dominated number 101 German qualifier Hanfmann after settling in following breaks of serve in the opening three games in their Italian Open quarter-final.

After going down a break in the second set, the 31-year-old Hanfmann complained to his coaching box that he had no legs left as he played on prior to losing serve for the fifth time in the match.

But he struck back briefly with a break of the seed to hold on for 2-4 before dropping serve again as Medvedev moved into winning him miss — and maybe he was

position, closing it out on a second match point. "All of the courts are pretty

different here, it was not easy to adapt for both of us," Medvedev

"But I managed to adapt better. I'm really happy about it. A win is a win. Not counting the serve, I played well, returned well, moved

"I'm looking forward to the next round."

Prior to this edition, Daniil Medvedev had never won a match in Italian Open and had little confidence in his game on the clay. He is now into the final four after four victories and the loss of just one set. "Against Hanfmann I wanted

to put as many balls into the court

as possible. He plays very aggres-

sive. I played deep to try and make

not playing his best match. "He was struggling more than

me. I'm glad I was able to neutralise his game." Medvedev also increased his

lead in Tour match wins as he claimed his 37th of the season.

Stefanos Tsitsipas was meanwhile dominant against Coric after losing to the Croat in three of five matches, including here in 2018 and in last summer's Cincinnati final.

Stefanos Tsitsipas secured the opening set with a break and took a 2-1 lead in the second. But two double-faults contributed as he dropped serve for 4-4 only to break straight back and serve out victory a game later.

"These night sessions are becoming very fun," the fifth seed said. "This is clay and things can

escalate very quickly," he said of

"I managed my shotmaking at the important moments and was able to retrieve (the momentum)

at the end.



his stutter near the end. "I felt the energy point by

> Tsitsipas and Medvedev have played 12 times to date with the latter leading 7-4.

"He's playing well and I'm also

feeling good on court. I hope he brings out the best in me — good preparation and off we go," said